

Mistress

拍数: 32 墙数: 4 级数: High Beginner
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音乐: Nothing but You - Leaving Austin



(Dedicated to Sahar Telaki)

Main Part

Chassé - Chassé - Sailorstep - Sailorturn

1 +2 RF step to the side - LF close to RF - RF step to the side with a 1/2 right turn on it
3 +4 LF step to the side - RF close to RF - LF step to the side
5 +6 RF cross behind LF - LF to side - RF to side
7 +8 LF cross behind RF - RF to side - 1/4 turn to left and LF forward
(if Sailor is too difficult for your students you can also dance just a Rock-Step-Side)

Step-Turn - Kick Ball Change - Stomp Up Kick - Behind side Cross

1 2 RF step forward with 1/2 turn to left, LF step forward
3 +4 RF kick diagonal forward - RF on Ball slightly backwards, LF cross over
5 6 RF Stomp Up - RF kick diagonal forward
7 +8 RF cross behind LF - LF to side with - 1/4 turn to left and RF forward

Rockstep - Sweep - Coaster - lockstep - Step-Turn

1 2 LF step forward - RF back on place with 1/4 turn to left while u sweep your LF
3 +4 LF step back - RF close to LF - LF step forward
5 +6 RF step forward - LF look behind RF - RF step forward
7 8 LF step forward with 1/2 turn to right, RF step forward

Lockstep - Rockstep - Out Out - Kneepop

1 +2 LF step forward - RF look behind LF - LF step forward
3 4 RF step forward - LF back on place
5 6 RF slightly to the side - LF slightly to the side
7 8 2 Kneepops

TAG: after Count 16 of Wall 9

1 2 LF to side - RF touch to LF with 2 claps at Count 2+
3 4 RF to side - LF touch to RF with 1 Handclap on 4
5 6 LF to side - RF touch to LF with 2 claps at Count 6+
7 8 RF to side - LF touch to RF with 1 Handclap on 8

Repeat this 8 Count 3 times.

At 4th time of this TAG you dance

7 8 RF to side - LF close to RF weight change with 1 Handclap on 8
to come back to the 1 of Main Part and you dance till the end of Music!

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