

# A Better Man

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Kim Ray (UK) - December 2018  
音乐: Loving You Makes Me a Better Man - Hal Ketchum : (Album: Lucky Stars)



**Intro: 16 counts after beat kicks in (on vocals)**

## **S1: STEP FORWARD TO RIGHT DIAGONAL, CROSS ROCK/RECOVER, CHASSE ¼ TURN LEFT, PIVOT ½ TURN LEFT, ½ TURN LEFT BACK LOCK STEP**

1                    Step forward and to right diagonal (1:30)  
2-3                Cross rock left over right, recover back on right  
4&5                Step left to left side, step right next to left, ¼ turn left stepping forward on left (9:00)  
6-7                Step forward on right, ½ pivot turn left (3:00)  
8&1                ½ turn left stepping back on right, cross left over right, step back on right (9:00)

## **S2: ¼ TURN LEFT STEP SIDE, POINT SIDE, ¼ TURN RIGHT, ROCK/RECOVER & 3/8 TURN STEP FORWARD, ROCK/RECOVER STEP BACK**

2-3                ¼ turn left stepping left to left side, point right toe to right side (6:00)  
4                    ¼ turn right stepping forward on right, (9:00)  
&5                Rock forward on left, 3/8 turn right recovering on right (1:30)  
6-7                Step forward on left, step forward on right (1:30)  
8&1                Rock forward on left, recover back on right, step back on left sweeping right out and back (1:30)

## **S3: BACK SWEEP X 2, COASTER STEP, PIVOT ½ TURN LEFT, REVERSE ½ TURN RIGHT, FULL TURN LEFT**

2-3                Step back on right as you sweep left out and back, step back on left as you sweep right out and back  
4&5                Step back on right, step left next to right, step forward on right (1:30)  
6-7                ½ pivot turn left weight on left (7:30), reverse ½ turn right weight on right (1:30)  
8&1                ½ turn right stepping back on left, ½ turn right stepping forward on right, step forward on left (1:30)

## **S4: ROCK/RECOVER, BACK LOCK STEP, TOE BACK, ½ TURN LEFT, ROCK/RECOVER**

2-3                Rock forward on right, recover back on left  
4&5                Step back on right, cross left over right, step back on right  
6-7                Touch left toe back, ½ turn left taking weight on left (7:30)  
8&                Rock right forward to right diagonal, recover back on left

**TO FINISH: Dance finishes facing the front on count 5 of Section 4 dragging left to right.**

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