

# Body Talks

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Mark Paulino (USA) - December 2018  
音乐: Body Talks - The Struts



**\*1 Restart, 1 Tag Restart**

**Intro - 16 Count**

**[1-8] KICK X2, HALF TURN KICK X2, CROSS OVER & HEEL JACK X2**

1&2&      R kick forward, neutral step with R foot, L kick forward, ½ turn step left on L foot  
3&4&      R kick forward, ½ turn step left on R foot, L kick forward, L neutral step together  
5&6&      R foot cross over L, L side step & R heel diagonal, R foot neutral step  
7&8&      L foot cross over R, R side step & L heel diagonal, L foot neutral step

**[9-16] CROSS OVER RECOVER HEEL JACK, CROSS OVER RECOVER QUATER STEP, QUARTER HITCH X2, LEFT SHUFFLE FORWARD**

9&10&      R cross over L, recover on L, R foot side step & L heel diagonal, L foot neutral step  
11&12      R cross over L, recover on L, ¼ turn to right step on R foot  
13,14      L hitch & ¼ pivot right on R foot, L hitch & ¼ pivot R on R foot  
15&16      L step forward, R step together, L step forward

**[17-24] ROCKING CHAIR, ½ TURN SLIDE HITCH, ½ TURN SLIDE HITCH**

17&18&      R foot rock forward, recover on L, R foot rock back, recover on L ¼ turn left  
19,20      R foot ¼turn left stepping back, L foot slide from front to neutral & hitch (weight shift stays on R)  
21&22&      L foot rock back, recover on R, L foot rock forward, recover on R ¼ turn left  
23,24      L foot ¼turn left stepping forward, R foot slide from back to neutral & hitch (weight shift stays on L)

**[25-32] SYNCOPATED BOXSTEP, KICK, STEP, SIDE STOMP x2, HIP ROLL**

25&26&      Cross R over L, step back on L, side step with R foot, cross L over R  
27&28&      Step back on R, side step with L foot, R kick forward, neutral step with R foot  
29,30      L side stomp, R side stomp  
31-32      Hip roll from L, counter clockwise all the way around until weight shift ends on L

**\*2nd wall 16 count restart**

**\*7th wall (back wall): 7th step (L crosses over R) hold for 8th count, unwind ½ turn keeping weight shift on L for 2 counts (ending on front wall). Restart**

**EASY VERSION:**

**First 4 counts will be 4 heel struts going forward (small steps), and replacing QUARTER HITCH X2 in the second 8 count to double quarter turn paddles**

**[1-8] HEEL STRUTX4, CROSS OVER & HEEL JACK X2**

1&2&      R heel touch forward, drop toes to the floor, L heel touch forward, drop toes to the floor  
3&4&      R heel touch forward, drop toes to the floor, L heel touch forward, drop toes to the floor  
5&6&      R foot cross over L, L side step & R heel diagonal, R foot neutral step  
7&8&      L foot cross over R, R side step & L heel diagonal, L foot neutral step

**[9-16] CROSS OVER RECOVER HEEL JACK, CROSS OVER RECOVER ¼ STEP, ¼ TURN PADDLE X2, LEFT SHUFFLE FORWARD**

9&10&      R cross over L, recover on L, R foot side step & L heel diagonal, L foot neutral step  
11&12      R cross over L, recover on L, ¼ turn to right step on R foot

13,14 L foot paddle with  $\frac{1}{4}$  pivot right on R foot, L foot paddle with  $\frac{1}{4}$  pivot right on R foot  
15&16 L step forward, R step together, L step forward

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