

# Knight In Shining Armour

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Improver  
编舞者: Rep Ghazali (SCO) - November 2018  
音乐: Distress "Sending out an SOS" (feat. Shana P.) - Big Ali



#32 count intro start on vocal, available from iTunes and Amazon

## [01-08] R KICK OUT OUT, KNEE IN-¼ TURN, R COASTER, L FWD-R SCUFF

1&2      kick Right forward, step Right to Right side, step Left to Left side (shoulder apart)  
3-4      twist Right knee in towards Left, twist Right knee out making ¼ turn Right (3)  
5&6      step back Right, step Left together, step forward Left  
7-8      step forward Left, scuff forward Right (3)

## [09-16] R SHUFFLE BACK, L SHUFFLE ½ TURN, SYNCOPATEP FWD ROCKS

1&2      step back Right, step Left together, step back Right  
3&4      ¼ turn Left by stepping Left to Left side, step Right together, ¼ turn Left by stepping forward on Left (9)  
5-6      rock forward Right, recover on Left  
&7-8      step Right together, rock forward Left, recover on Right (9)

## [17-24] R & L TOE SWITCHES, & R SIDE ROCK-RECOVER, R SAILOR ¼ TURN, L CROSS ROCK-RECOVER R

&1&2      step Left together, point Right toe to Right, step Right together, point Left toe to Left  
&3-4      step Left together, rock Right to Right side, recover on Left  
5&6      ¼ turn Right step Right behind Left side, step Left to Left, step Right to Right side (12)  
7-8      cross rock Left over Right, recover on Right (12)

## [25-32] L SWAY-R SWAY, ¾ TURN, L SLIDE-R TOG, L SHUFFLE FWD

1-2      sway Left to Left and looking over Left shoulder, sway Right to Right and looking over Right shoulder  
3-4      ¼ turn Left by stepping forward on Left, ½ turn Left by stepping back on Right (3)  
5-6      big step Left back and dragging Right next to Left, step Right beside Left  
7&8      step forward Left, step Right together, step forward Left (3)

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