

Bird Walk

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner + Novelty
编舞者: Sherri Busser (USA) - November 2018
音乐: Tennessee Bird Walk - Jack Blanchard & Misty Morgan



Intro: 16 cts. No tags or restarts. Moves clockwise. Start weight on L

S1: Step R Back, Heel Splits, Step L Back, Heel Splits, Walk Fwd x 2, Kick-Ball-Step

1&2 3&4 Step R back, fan heels out, return to center. Step L back, fan heels out, return to center*

(Make these small steps back in open 3rd position keeping weight over ball of foot)

5-6 7&8 Walk fwd R-L. Kick R fwd, step R ball next to L, step L fwd. (12)

S2: Monterey ¼ Turns

1-2-3-4 Point R foot side, turning ¼ R step R beside L, point L side, step L beside R

5-6-7-8 Point R foot side, turning ¼ R step R beside L; point L side, step L beside R** (6)

S3: Hip Bumps

1-2-3-4 Stepping R on R diagonal, body facing slightly L (4:30), bump hips R x 2, bump hips L x 2

5-6-7-8 Bumps hips R-L-R-L (4:30)

S4: Heel Struts Turning ¾ Right

1-2-3-4 Turning ¼ R step on R heel, slap toe down (7:30); ¼ R step on L heel, slap toe down (10:30)

5-6-7-8 ¼ R step on R heel, slap toe down (1:30), 1/8 to R step L heel fwd, slap toe down. (3)

Start Again

Easier Options: *In place of the heel splits, small step back on R diagonal/touch L to R, step back on L diagonal/touch R to L. Walk fwd R/L. Kick-ball-step.

****Replace Monterey turns with ¼ turn jazz tri's.** Step R fw, turn ¼ R stepping L back, step R to side, step L beside R.

Styling ideas – this is a novelty dance so “flap” those wings, bob that head, strut your stuff!

(I choreographed this dance after watching a dozen wild turkeys strut around my yard, in the middle of the city.)

For any other changes please contact me. Have fun!

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