

# Feel Good

COPPERKNOB  
STEPSHEETS

拍数: 52                      墙数: 4                      级数: Phrased Improver  
编舞者: Lee Hamilton (SCO) - October 2018  
音乐: Feel Good - Jordan Smith : (iTunes)



## PART A: 32 counts

### Section A1 [1-8] Walk RL, R Mambo Fwd, Walk Back LR, L Coaster Step

12                      Step R Fwd (1), Step L Fwd (2), 12:00  
3&4                      Rock R Fwd (3), Recover onto L (&), Step R Back (4), 12:00  
56                      Step L Back and Grind R Heel (angling R Toe to R Diagonal) (5), Step R Back and Grind L Heel (angling L Toe to L Diagonal) (6), 12:00  
7&8                      Step L Back (7), Close R beside L (&) Step L Fwd (8), 12:00

### Section A2 [9-16] Kick & Touch, 1/4 Kick & Touch, Forward Heels - Back Steps x2

1&2                      Kick R Fwd (1), Step R to R Side (&), Touch L Toe behind R Heel (2), 12:00  
3&4                      Make a 1/4 R by Kicking L Fwd (3), Step L to L Side (&), Touch R Toe behind L Heel (4), 3:00  
5&6&                      Step Fwd on R Heel (5), Step Fwd on L Heel (&), Step Back on R Foot (6), Step Back on L Foot (&), 3:00  
7&8&                      Step Fwd on R Heel (7), Step Fwd on L Heel (&), Step Back on R Foot (8), Step Back on L Foot (&), 3:00

### Section A3 [17-24] Lock Step R, Heel Bounce, Lock Step L, Heel Bounce

12&3                      Step R Foot to R Diagonal (1), Lock L behind R (2), Step R Fwd (&), Close L beside R and angle body to L Diagonal (3), 3:00  
&4                      Raise both Heels (&), Lower both Heels (4), 3:00  
56&7                      Step L Foot to L Diagonal (5), Lock R behind L (6), Step L Fwd (&), Close R beside L and angle body to R Diagonal (7), 3:00  
&8                      Raise both Heels (&), Lower both Heels (8), 3:00

### Section A4 [25-32] R Rock & Cross, L Rock & Cross, 1/2 Pivot L x2

1&2                      Rock R to R Side (1), Recover onto L (&), Cross R over L (2), 3:00  
3&4                      Rock L to L Side (3), Recover onto L (&), Cross L over R (4), 3:00  
56                      Step R Fwd (5), Make a 1/2 L by moving weight to L foot (6), 9:00  
78                      Step R Fwd (7), Make a 1/2 L by moving weight to L foot (8), 3:00

## PART B: 20 counts

### Section B1 [1-8] Walk Fwd RL, Hip Bump Fwd x2, 1/2 Hip Bump x2, R Kick Ball Step

12                      Step R Fwd (1), Step L Fwd (2)  
3&4                      Bump R Hip Fwd (3), Recover onto L (&), Bump R Hip Fwd (4)  
5&6                      Make a 1/2 L by Bumping L Hip Fwd (5), Recover onto R (&), Bump L Fwd (6)  
7&8                      Kick R Fwd (7), Close R beside L (&), Step L Fwd (8)

### Section B2 [9-16] REPEAT SECTION 1

### Section B3 [17-20] Syncopated Jazz with Point

12                      Cross R over L (1), Step L Back (2)  
&34                      Step R to R Side (&), Cross L over R (3), Point R Toe to R Side (4)

## TAG

### Section 1 [1-8] 1/2 Pivot L x2, Jazzbox

12                      Step R Fwd (1), Make a 1/2 L by moving weight to L foot (2)  
34                      Step R Fwd (3), Make a 1/2 L by moving weight to L foot (4)

56 Cross R over L (5), Step L Back (6)  
78 Step R to R Side (7), Step L fwd (8)

**Section 2 [9-12] R Rocking Chair with Flick**

12 Rock R Fwd (1), Recover onto L (2)  
34 Rock R Back (3), Recover onto L and Flick R Heel up

**SEQUENCE: A - B - A - A - B - A - A - B - TAG - A - A**

**Contact: [Leeh040595@icloud.com](mailto:Leeh040595@icloud.com)**

---