

# Baggage Free

COPPER KNOB  
BY SHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Micaela Svensson Erlandsson (SWE) - November 2018  
音乐: Pauline Brown's Baggage Free! - Pauline Brown John Johnston : (Single)



intro 16 counts.

## Section 1: Rock Step. Back Shuffle. Back Rock. Forward Shuffle.

1-2            Rock forward on right foot. Recover onto left foot.  
3&4           Step back on right. Close left beside right. Step back on right.  
5-6            Rock back on left foot. Recover onto right foot.  
7&8            Step forward on left. Close right beside left. Step forward on left.

## Section 2: Heel. ¼ Turn left. Heel. Heel. ¼ Turn left. Heel. Step. ½ Turn left. Step. ½ Turn left.

1&            Touch right heel forward. Step right in place.  
2&            Turn ¼ left and touch left heel forward. Step left foot in place.  
3&            Touch right heel forward. Step right in place.  
4&            Turn ¼ left and touch left heel forward. Step left foot in place.  
5-8            Step forward on right. Turn ½ left. Step forward on right. Turn ½ left.

Easy option: Replace counts 5-8 of Section 2 with Right Rocking Chair.

Restart here: During wall 4 facing 3 O'clock & Wall 7 Facing 3 O'clock

## Section 3: Kick. Kick. Coaster Step. Rock Step. Shuffle ½ turn over the left shoulder.

1-2            Kick right foot forward. Kick right foot to the right side.  
3&4            Step back on right. Step left beside right. Step forward on right.  
5-6            Rock forward on left foot. Recover onto right foot.  
7&8            Shuffle ½ turn over the left shoulder stepping left, right, left.

## Section 4: Heel Grind ¼ Turn right. Coaster Step. Skate. Skate. Forward Shuffle.

1-2            With weight on right heel, fan toes from left to right turning ¼ right. Recover onto left.  
3&4            Step back on right. Step left beside right. Step forward on right.  
5-6            Slide diagonally forward on your left foot. Slide diagonally forward on your right foot.  
7&8            Step forward on left. Close right beside left. Step forward on left.

Restarts: On Wall 4 & 7 Facing 3 O'clock (after Section 2)

Ending: As the music ends (after section 2) Turn ½ left to finish facing the front wall