

Burn It All Down

拍数: 64 墙数: 2 级数: Phrased Intermediate
编舞者: Esmeralda van de Pol (NL) - October 2018
音乐: "Burn It All Down" by Jordan Smit



Intro: 16 counts - Sequence AAB-TAG-AAB AAA*(restart after 16 counts) BA

PART A

A1: BACK, BEHIND-SIDE-CROSS, ¼ TURN L X2, CROSS ROCK, ¼ TURN R X2, COASTER STEP

1-2&3 Step back on RF and sweep LF behind RF, Step LF behind RF, Step RF to R side, Cross LF over RF
4& ¼ turn L-step RF back, ¼ turn L step LF to L side
5-6 Rock RF in front of LF, Recover weight on LF
&7 ¼ turn R-step RF fwd, ¼ turn R-step LF to L side
8&1 Step RF back, Step LF next to RF, Step RF fwd

A2: LOCKSTEP FWD, STEP FWD, PIVOT ½ TURN L, ½ TURN L, BACKLOCK STEP, BACK, CROSS, BIG STEP BACK

2&3 Step LF fwd, Step RF behind LF, Step LF fwd
4&5 Step RF fwd, ½ turn L-step LF fwd-weight on LF, ½ turn L-step RF back
6&7 Step LF back, Step RF in front of LF, Step LF back
8&1 Step RF back, Step LF in front of RF, Big step back on RF*** restart point see above

A3: DRAG, BALL STEP, STEP FWD, FWD ROCK & STEP ½ TURN R, STEP FWD

2&3-4 Drag LF next to RF, Step LF next to RF, Step RF fwd, Step LF fwd
5-6& Rock RF fwd, Recover weight on LF, Step RF next to LF
7-8& Step LF fwd, ½ turn R-weight on RF, Step LF fwd

A4: ¼ TURN R CROSS, ½ TURN L CROSS SHUFFLE, SIDE ROCK ¼ TURN L, STEP FWD, ½ TURN R, LOCKSTEP BACK

1 ¼ turn R-Cross RF over LF
2&3 ½ turn L-Cross LF over RF, Step RF to R side, Cross LF over RF
4-5 Rock RF to R side, ¼ turn L recover weight on LF
6-7 Step RF fwd, ½ turn R-step LF back
8& (1)* Step RF back, Step LF in front of RF, (Step RF back)

***THIS IS YOUR FIRST STEP ALSO FOR PART B**

PART B

B1: BACK, POINT, ¼ TURN L, SWAY, ½ TURN R HITCH, SIDE ROCK CROSS, SIDE ROCK CROSS.

1-2 Step RF back, Point LF back
3-4 ¼ turn L sway hip to L, Sway Hip to R
5 ½ turn on your R and hitch your L knee
6&7 Rock LF to L side, Recover weight on RF, Cross LF over RF
8&1 Rock RF to R side, Recover weight on LF, Cross RV over LV

B2: FULL TURN L WITH BOUNCES, SWEEP, BEHIND SIDE CROSS, CHASSE R

2-3-4-5 make a full turn L with bounces, and the last count you sweep your LF behind RF
6&7 Step LF behind RF, Step RF to R side, Cross LF over RF
8&1 Step RF to R side, Step LF next to RF, Step RF to R side

B3: BOX FULL TURN R, SAILOR STEP, COASTER STEP

2-3 ¼ turn R step LF to L side, ¼ turn R-step RF to R side
4-5 ¼ turn R-step LF to L side, ¼ turn R-step RF to R side

6&7 Step LF behind RF, Step RF to R side, Step LF to L side
8&1 Step RF back, Step LF next to RF, Step RF fwd

B4: STEP FWD, ROCK STEPS ½ TURN R, PIVOT ¼ TURN R, STEP FWD, BACK LOCKSTEP ½ TURN L

2-3 Step LF fwd, ¼ turn R-rock R to R side
4-5 Recover weight on LF, ¼ turn R-recover weight on RF(you stand fwd on your RF)
6&7 Step LF fwd, ¼ turn R-weights on RF, Step fwd on LF
8&1 * ¼ turn L-step RF to R side, Cross LF in front of RF, ¼ turn L-step RF back

*** First count for part A again**

Tag: STEP BACK, BACK ROCK, LOCKSTEP FWD, FWD ROCK, LOCKSTEP BACK

Starting with the first counts of A

1-2-3 Step RF back, Rock LF back, Recover weight on RF
4&5 Step LF fwd, Step RF behind LF, Step LF fwd
6-7 Rock RF fwd, Recover weight on LF
8&1 * Step RF back, Step LF across RF, Step RF back

***your first count again for A**
