Burn It All Down

拍数: 64

级数: Phrased Intermediate

编舞者: Esmeralda van de Pol (NL) - October 2018

音乐: "Burn It All Down" by Jordan Smit

Intro: 16 counts - Sequence AAB-TAG-AAB AAA*(restart after 16 counts) BA

PART A

A1: BACK, BEHIND-SIDE-CROSS, ¼ TURN L X2, CROSS ROCK, ¼ TURN R X2, COASTER STEP

- 1-2&3 Step back on RF and sweep LF behind RF, Step LF behind RF, Step RF to R side, Cross LF over RF
- 4& 1/4 turn L-step RF back, 1/4 turn L step LF to L side
- 5-6 Rock RF in front of LF, Recover weight on LF
- 1/4 turn R-step RF fwd, 1/4 turn R-step LF to L side &7
- 8&1 Step RF back, Step LF next to RF, Step RF fwd

A2: LOCKSTEP FWD, STEP FWD, PIVOT ½ TURN L, ½ TURN L, BACKLOCK STEP, BACK, CROSS, BIG **STEP BACK**

- 2&3 Step LF fwd, Step RF behind LF, Step LF fwd
- 4&5 Step RF fwd, ¹/₂ turn L-step LF fwd-weight on LF, ¹/₂ turn L-step RF back
- 6&7 Step LF back, Step RF in front of LF, Step LF back
- Step RF back, Step LF in front of RF, Big step back on RF*** restart point see above 8&1

A3: DRAG, BALL STEP, STEP FWD, FWD ROCK & STEP ½ TURN R, STEP FWD

- Drag LF next to RF, Step LF next to RF, Step RF fwd, Step LF fwd 2&3-4
- 5-6& Rock RF fwd, Recover weight on LF, Step RF next to LF
- Step LF fwd, 1/2 turn R-weight on RF, Step LF fwd 7-8&

A4: ¼ TURN R CROSS, ½ TURN L CROSS SHUFFLE, SIDE ROCK ¼ TURN L, STEP FWD, ½ TURN R, LOCKSTEP BACK

- 1/4 turn R-Cross RF over LF 1
- 2&3 1/2 turn L-Cross LF over RF, Step RF to R side, Cross LF over RF
- 4-5 Rock RF to R side, ¼ turn L recover weight on LF
- 6-7 Step RF fwd, 1/2 turn R-step LF back
- (1)* Step RF back, Step LF in front of RF, (Step RF back) 8&

***THIS IS YOUR FIRST STEP ALSO FOR PART B**

PART B

B1: BACK, POINT, ¼ TURN L, SWAY, ½ TURN R HITCH, SIDE ROCK CROSS, SIDE ROCK CROSS.

- 1-2 Step RF back, Point LF back
- 3-4 1/4 turn L sway hip to L, Sway Hip to R
- 5 1/2 turn on your R and hitch your L knee
- 6&7 Rock LF to L side, Recover weight on RF, Cross LF over RF
- Rock RF to R side, Recover weight on LF, Cross RV over LV 8&1

B2: FULL TURN L WITH BOUNCES, SWEEP, BEHIND SIDE CROSS, CHASSE R

- make a full turn L with bounces, and the last count you sweep your LF behind RF 2-3-4-5
- 6&7 Step LF behind RF, Step RF to R side, Cross LF over RF
- 8&1 Step RF to R side, Step LF next to RF, Step RF to R side

B3: BOX FULL TURN R, SAILOR STEP, COASTER STEP

- 2-3 1/4 turn R step LF to L side, 1/4 turn R-step RF to R side
- 4-5 1/4 turn R-step LF to L side, 1/4 turn R-step RF to R side





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- 6&7 Step LF behind RF, Step RF to R side, Step LF to L side
- 8&1 Step RF back, Step LF next to RF, Step RF fwd

B4: STEP FWD, ROCK STEPS ½ TURN R, PIVOT ¼ TURN R, STEP FWD, BACK LOCKSTEP ½ TURN L

- 2-3 Step LF fwd, ¼ turn R-rock R to R side
- 4-5 Recover weight on LF, ¼ turn R-recover weight on RF(you stand fwd on your RF)
- 6&7 Step LF fwd, ¼ turn R-weights on RF, Step fwd on LF
- 8&1 * ¼ turn L-step RF to R side, Cross LF in front of RF, ¼ turn L-step RF back
- * First count for part A again

Tag: STEP BACK, BACK ROCK, LOCKSTEP FWD, FWD ROCK, LOCKSTEP BACK

Starting with the first counts of A

- 1-2-3 Step RF back, Rock LF back, Recover weight on RF
- 4&5 Step LF fwd, Step RF behind LF, Step LF fwd
- 6-7 Rock RF fwd, Recover weight on LF
- 8&1 * Step RF back, Step LF across RF, Step RF back

*your first count again for A