

Always Remember Us

COPPER KNOB
BY STEPHEN HETS

拍数: 32 墙数: 2 级数: Easy Intermediate
编舞者: Lu Olsen (AUS) - November 2018
音乐: Always Remember Us This Way - Lady Gaga : (Album: A Star is Born - iTunes)



Short intro start on word 'Sky' Ver: 1.00

[1-8] Cross, Side, Behind/sweep, Behind, ¼ fwd, Fwd, Back, ½ fwd, Side/sweep, Behind, Side, Cross, Side

1 & 2 Cross R over L, Step L to Left, Step R behind L/sweep L
3 & 4 Step L behind R, ¼ Right turn & step R fwd, Step L fwd 3.00
5 & 6 Step R back, ½ Left turn & step L fwd, Step R to Right/sweep L 9.00
7 & 8 & Step L behind R, Step R to Right, Cross L over R, Step R to Right 9.00

[9-16] Cross, Lift & ¼ fwd, Lift & ¼ Fwd, Lock, Fwd, ¼ side, Rock behind, Recover, ¼ back, Back, Cross, Back, ½ Fwd

1 & 2, (1)Cross/step L over R, (&) Lift R leg & ¼ Left turn, (2) Step R fwd 6.00
& 3 & 4 (&)Lift L & ¼ Right turn, (3)Step L fwd, (&)Lock R behind L, (4)Step L fwd 9.00
& 5, ++ ¼ Left turn & step R to Right, Rock L behind R, ++ 6.00
6 & 7 & Step R in place , ¼ Right turn & step L back, Step R back, Cross L over R - 9.00
8 & Step R back, ½ Left turn & step L fwd 3.00

[17-24] Fwd, Fwd, ¼ turn, Cross, ¼ back, (¼ Side, Tog, Fwd/drag.. option: Full L turn fwd/drag), Side, Behind, 1/8 fwd, Fwd

1, 2 & 3 Step R fwd, Step L fwd, ¼ Right turn(wghtR), Cross L over R, 6.00
& 4 ## ¼ Left turn & step R back, ¼ Left turn & step L to Left, ## 12.00
& 5, 6 Step R beside L, Step L fwd/drag R, Step R to Right 12.00
(Full L turn fwd Option & 5) (&) ½ Left turn & step R back, (5) ½ Left turn & step L fwd/drag R
7 & 8 Step L behind R, 1/8 Right turn & step R fwd, Step L fwd, 1.00

[25-32] Fwd, ½ back, Back, Fwd, ½ Back, Back, Cross, 1/8 Back, Sweep behind, Sweep Behind, ¼ fwd, Fwd/diag

1 & 2 Step R fwd, ½ Right turn & step L back, Step R back 7.00
3 & 4 Step L fwd, ½ Left turn & step R back, Step L back 1.00
& 5, 6 Cross R over L, 1/8 Right turn & step L back, Sweep/step R behind L, 3.00
7 & 8 Sweep/step L behind R, ¼ Right turn & step R fwd, Step L fwd L45 6.00

SHORT WALL 5 (12.00) Dance to count 20 ## then start again to 12.00

(LAST WALL 7 (6.00) dance to count 13 (++) on word 'Us' hold hold, then Step R fwd/slow L drag on word 'Way' hold, hold, then on next music note - Step L to Left/drag R - finish the dance here at 12.00) OR

**Alternate LAST WALL 7 – there is little music on Wall 7, this Last Wall can be danced right through the 32 counts keeping in time with the original rhythm. Finishes at 12.00.

Enjoy!

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