

For Our Dancers

拍数: 32 墙数: 4 级数: Beginner
编舞者: Lisa McCammon (USA) - November 2018
音乐: For A Dancer - James Dupré



#32 count intro (you will start slightly before the lyrics)
Clockwise rotation; start weight on L

Choreographer's notes: The song starts immediately with no intro, so I've chosen to wait 32 counts to let dancers listen to the lyrics by Jackson Brown. To make the dance easier for more people, I have kept the steps simple and there's only one wall change. This is dedicated to all the California line dancers whose lives have been devastated by the wildfires ongoing as this is being written. Thanks to my student Carolyn W. for telling me about this song, and to Michael Barr, Michele Burton, and Rachael McEnaney-White for spearheading relief efforts in support of our line dance family.

ROCKING CHAIR, TRIPLE FORWARD, FORWARD ROCK, RECOVER

1-4 Rock forward onto R, recover L, rock back onto R, recover L
5&6 Step forward R, close L, step forward R
7-8 Rock forward L, recover R

BACK, SWEEP, BACK, SWEEP, BACK, CLOSE, FORWARD, TAP

1-4 Step back L, sweep R back, step back R, sweep L back
5-8 Step back L, close R, step forward L, tap R toes behind L heel

TRIPLE BACK, BACK ROCK, RECOVER; WALK, WALK, STEP, TURN

1&2 Step back R, close L, step back R
3-4 Rock back L, recover R
5-6 Walk forward L, R
(Turn option 5-6: turn right ½ [6] stepping back L, turn right ½ [12] stepping forward R)
7-8 Step forward L, turn right ¼ [3] onto R (open slightly to right diagonal)

CROSS ROCK, RECOVER, SIDE, TOUCH; KICK-BALL-CHANGE, KICK-BALL-CHANGE

1-4 Cross rock L, recover R, step L to side, squaring up, touch R toes home ***RESTART
5&6 Kick R forward, step onto R ball, step L home
7&8 Kick R forward, step onto R ball, step L home

***RESTART during the 7th repetition, starting at 6:00 and restarting at 9:00 after 28 counts (just omit the two kick-ball-changes at the end of the dance).

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