EZ Most People Are Good



编舞者: Wanda Heldt (AUS) - October 2018 音乐: Most People Are Good - Luke Bryan



Will suit most music.

Alt. music: I saw Linda Yesterday by Black Jack / Cababello by Orchestra Mario Riccardi

My main aim is to keep my Beginners & Guests on the dance floor - All about having FUN :-)

RHUMBA BOX [Lead with Right]

1-4 Step Right to Right side, Step Left together, Step Right forward, Touch Left to Right.

5-8 Step Left to Left side, Step Right together, Step Left back, Touch Right to Left.

SWEEP BACK RIGHT, SWEEP BACK LEFT, RIGHT COASTER STEP

1-2 Sweep Right around front to back, Step Right behind Left.3-4 Sweep Left around front to back, Step Left behind Right.

5-8 Step back on Right, Step Left together, Step Right forward, Hold.

Harder Option: 1-4 do 2 1/2 turn over Right shoulder :-)

LEFT LOCK FORWARD, SCUFF, RIGHT LOCK FORWARD

1-4 Step Left forward, Step Right behind Left, Step Left forward, scuff the Right.

5-8 Step Right forward, Step Left behind Right, Step Right forward, Hold.

ROCK RECOVER 1/4 TURN LEFT, ROCKING CHAIR

1-4 Rock Left forward, Recover on Right with 1/4 Left, Step Left to Left, Hold.

5-8 Rock forward Right, Recover Wt. on Left, Rock back Right, Recover Wt.on Left.

Restart...

HAVE FUN IN LIFE & IN DANCE

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