Ghosts (P)



编舞者: Linda Byrum (USA) & Paul Brown (USA) - November 2018

音乐: Ghosts - Ross Ellis



#16 count lead, One Restart

Start in sweetheart Position; Weight on Right Foot

NOTE: At the beginning of 3rd set, do first 8 counts, then restart

Man's Footwork

M1[1-8] Walk, walk, cha cha, rock recover cha cha back

1,2,3&4 Step fwd LT, RT, LT, RT, LT

5,6,7&8 Rock fwd on RT, recover on LT, RT, LT, RT to rear; RT hand over lady's head

M2[1-8] Rock back on LT, recover on RT, 1/4 turn RT, side shuffle, vine

1,2,3&4 Rock back on LT, recover on RT turning 1/4 to RT

(facing OLD, man behind lady), side shuffle, LT, RT, LT

5-8 Step RT behind LT, step LT to LT side, Step RT over LT, Step LT to LT side

M3[1-8] Lady's turn 1/2 rumba box

1,2,3&4 Rock Fwd on RT, raising LT hand for lady's turn, recover on LT, step RT, LT, RT in place

5,6,7&8 Step LT to LT side, step RT beside LT, step RT, LT, RT fwd

M4[1-8] 1/2 Rumba box, turn lady out

1,2,3&4 Step RT to RT side, step LT beside RT, step RT, LT, RT back

5,6,7&8 Step LT to LT side, step RT behind LT, step LT, RT, LT turning 1/4 turn to LT

(raising LT hand for lady's underarm turn), step LT, RT, LT turning 1/4 turn to LT, changing hands to man's RT, lady's LT

M5[1-8] Lock steps

1,2,3&4 Step RT fwd, lock LT behind RT, step RT, LT, RT fwd 5,6,7&8 Step LT fwd, lock RT behind LT, LT, RT, LT fwd

M6[1-8] Rock, recover, shuffle, with lady's turn

1,2,3&4 Rock fwd on RT, recover on LT, step RT, LT, RT to rear, (leading lady to sweetheart position, changing hands to man's RT to lady's RT)

5-8 Rock back on LT, recover on RT, step LT fwd, step RT fwd

End of dance; repeat

Lady's Footwork At the beginning of 3rd set, do first 8 counts, then restart

L1[1-8] Walk, walk, cha cha, pivot turn, cha cha around

1,2,3&4 Step fwd LT, RT, LT, RT, LT

5,6,7&8 Step fwd on RT, pivot 1/2 turn to LT, put weight on LT foot, step RT, LT, RT turning 1/2 turn

to LT

L2[1-8] Rock, recover, cha cha, vine

1,2,3&4 Rock back on LT, recover on RT turning 1/4 to RT (facing OLD, man behind lady), side

shuffle LT, RT, LT

5,6,7&8 Step RT behind LT, step LT to LT side, step RT over LT, step RT, LT, RT (cross shuffle)

L3[1-8] Pivot turn, 1/2 rumba box

1,2,3&4 Step LT fwd, turn 1/2 turn to RT, shift weight to RT, step LT, RT, LT fwd

5,6,7&8 Step RT to RT side, step LT beside RT, step RT, LT RT to rear

L4[1-8] 1/2 Rumba box, 1 1/4 turn to RT

1,2,3&4 Step LT to LT side, step RT beside LT, step LT, RT, LT fwd

5,6,7&8 Step RT to RT side turning 1/4 turn to RT, step LT fwd turning 1/4 turn to RT, step RT, LT,

RT turning 3/4 turn to RT moving FLD

L5[1-8] Lock steps

1,2,3&4 Step LT fwd, lock RT behind LT, step LT, RT, LT fwd Step RT fwd, lock LT behind RT, step RT, LT, RT fwd

L6[1-8] Rock, recover turn to sweetheart

1,2,3&4 Rock fwd on LT, recover on RT, step LT, RT, LT turning 1/2 turn to LT

5,6,7&8 Step fwd on RT, pivot 1/2 turn to LT, step RT, LT, RT fwd

End of dance; repeat

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