

Checker Twist

COPPER KNOB
STEPPERS

拍数: 24 墙数: 2 级数: Basic Beginner
编舞者: Claire Denney (CAN) - November 2018
音乐: The Twist - Chubby Checker



SHOOP SHOOP RIGHT, SHOOP SHOOP LEFT

1 - 2 Step right side, Step left beside right
3 - 4 Step right side, Touch left beside right
5 - 6 Step left side, Step right beside left
7 - 8 Step left side, Touch right beside left

When you go right turn body slightly right

When you fo left turn body slightly left

SLOW V-STEP

1 - 2 Right step diagonal forward, HOLD/CLAP
3 - 4 Left step diagonal forward, HOLD/CLAP
5 - 6 Right step back home, HOLD/CLAP
7 - 8 Left step back home, HOLD/CLAP

FORWARD, HOLD, 1/4 PIVOT LEFT, HOLD, REPEAT

1 - 2 R. step forward, HOLD
3 - 4 1/4 pivot left, HOLD 9:00
5 - 6 R. step forward, HOLD
7 - 8 1/4 pivot left, HOLD 6:00

ENJOY

I have been requested to choreograph shorter dances to accommodate enthusiastic senior dancers. Most of these 16 or 24 count dances have basic steps plus a small introduction to a new step. A split floor for 32 or 48 count established dances.

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