Ahora Te Puedes Marchar

拍数: 48

级数: Beginner / Improver

编舞者: Angéline Fourmage (FR) - November 2018

音乐: Ahora Te Puedes Marchar - SUPER JUNIOR

Start : 34 counts (Approximately 17s) 4 Restarts Sequence : A-12-A-32-A-44-32-A-Tag (20 counts)-A [1-8]: Walk FWx3, Touch, Walk Backx3, Touch RF FW, LF FW 1-2 RF FW, Touch LF next to RF 3-4 5-6 LF Back. RF Back 7-8 LF Back, Touch RF next to LF [9-16] : Step, Touch, Step, Touch, Step, Touch, Step, Touch 1-2 RF FW on R diagonal, Touch LF next to RF 3-4 LF FW on L diagonal, Touch RF next to LF *Restart 1 5-6 RF FW on R diagonal, Touch LF next to RF 7-8 LF FW on L diagonal, Touch RF next to LF [17-24] : Kick, Ball, Point, Kick, Ball, Point, Step 1/4 L, Touch, Step, Touch 1&2 Kick RF FW, RF next to LF, Point LF to L side 3&4 Kick LF FW, LF next to RF, Point RF to R side 5-6 Step RF to R side with 1/4 L, Touch LF next to RF 7-8 Step LF to L side, Touch RF next to LF [25-32] : Kick, Ball, Point, Kick, Ball, Point, Step ¼ L, Touch, Step, Touch Kick RF FW, RF next to R, Point LF to L side 1&2 3&4 Kick LF FW, LF next to LF, Point RF to R side 5-6 Step RF to R side with 1/4 L, Touch LF next to RF 7-8 Step LF to L side, Touch RF next to LF *Restart 2&4 [33-40] : V Step FW, V Step Back 1-2 RF FW on R diagonal, LF FW on L diagonal 3-4 RF Back, LF next to RF 5-6 RF Back on R diagonal, LF Back on L diagonal 7-8 RF FW, LF next to RF [41-48] : Point, Bump, Together, Point, Bump, Together 1&2 Point RF to R side with R Bump up, Bump Down, Bump Up &3&4 R Bump Down, Bump Up, Bump Down, RF next to LF *Restart 3 (Make R Bump, No RF next to LF)

- 5&6 Point LF to L side with L Bump up, Bump Down, Bump Up
- &7&8 Bump Down, Bump Up, Bump Down, LF next to RF

Tag (20counts)

[1-8]: Walk, Walk, Walk, Together, Vstep FW

- 1-2 RF FW, LF FW
- 3-4 RF FW, LF next to RF
- RF FW on R diagonal, LF FW on L diagonal 5-6
- RF back, LF next to RF 7-8





墙数:4

[9-16] Vstep Back, Point, Bump, Together

- 1-2 RF back on R diagonal, LF back on L diagonal
- 3-4 RF FW, LF next to RF
- 5&6& Point RF to R side with R Bump up, Bump down, Bump up, Bump down
- 7&8 Bump up, Bump down, RF next to LF

[17-20] Point, Bump Together

1&2& Point LF to L side with L Bump up, Bump down, Bump up, Bump down, Bump up, Bump down, LF next to RF

NOTA : RF = Right foot ; LF = Left Foot ; FW = Forward

Smile and enjoy the dance

Contact : maellynedance@gmail.com