A Living Prayer



拍数: 32 编数: Intermediate / Advanced NC2S

编舞者: Emily Drinkall (USA) & Linda Powell - November 2018

音乐: A Living Prayer - Alison Krauss & Union Station



Begin dance on vocals (8 counts in)

[1-8]: BASIC, CROSS ROCK, BASIC L, SYNCOPATED PIVOTS

12&3 Step LF to side (1), close RF behind LF (2), cross LF over RF (&), Step RF to side

4& Cross LF over RF, recover weight onto RF

56& Step LF to side, close RF behind LF, cross LF over RF

7 Step RF 1/4 turn R stepping forward 3:00

&8& 1/2 turn R stepping LF back, 1/2 turn R stepping LF forward, 1/2 turn R stepping LF back,

[9-16]: 1/2 DIAMOND FALLAWAY, SIDE, HOLD, FULL TURN LEFT

1 1/8 turn R step side with RF (facing 10:30)

2&3 Walk back L, R 4:30 facing 10:30 (2&), 1/8 turn L stepping LF to side 6:00 facing 9:00 4&5 1/8 turn L, walk forward RF, LF 7:30 (4&), 1/8 turn L stepping RF to side facing 6:00

6 7 Hold (67)

8& 1/4 turn left stepping LF forward 3:00, 1/2 turn left stepping RF back

[17-24]: RONDE, 1/2 TURN, WALK R, WALK L, SWAY R, SWAY L, SWAY R, FULL TURN LEFT

12 Keep rotating 1/4 turn left ronde left foot from front to back, cross LF behind R

3 Make 1/2 turn left putting weight onto LF 12:00

4& Walk R forward, walk L forward567 Step RF to side as you sway R, L, R

8& 1/4 turn left stepping forward LF 9:00, 1/2 turn left stepping RF back

[25-32]: ARABESQUE, BACK WALK x2, 1/2 TURN SWEEP, SWEEP, CROSS

123 3/8 turn left stepping LF to side lift R foot off floor (alternate: lunge) 10:30

4& Walk back R slightly to 4:30, walk back L

3/8 turn R stepping R to 3:00 sweep L back to front as you continue another 1/4 turn to face

6:00

7 Step LF forward as you sweep RF back to front

8 Cross RF over LF

Tag: after wall 3

[1-8]: NIGHTCLUB BASIC L, R, CHECK R, L

Side left, close RF behind LF, cross LF across RF
4& Side right, close LF behind RF, cross RF across LF
56& Side LF, cross RF over LF, recover weight onto LF
78& Side RF, cross LF over RF, recover weight onto RF

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