

Good Goodbye

拍数: 32 墙数: 4 级数: Improver
编舞者: Heather Barton (SCO), Willie Brown (SCO), Lee Hamilton (SCO) & Misuk La
(KOR) - November 2018
音乐: Good Goodbye - Dean Brody : (iTunes)



Section 1 [1-8] Weave R, R Touch Out - In, Heel Twists RL

12 Step R to R side (1), Cross L behind R (2), 12:00
34 Step R to R side (3), Cross L over R (4), 12:00
56 Point R to R side (5), Touch R beside L (6), 12:00
78 Twist both heels to R side (7), Twist both heels to centre (8), 12:00

Section 2 [9-16] R Rock Back, Recover, Pivot 1/4 L, R Cross, L Side, Heel Twists LR

12 Rock R Back (1), Recover onto L (2), 12:00
34 Step R Fwd (3), Make a 1/4 L by putting weight onto L (4), 9:00
56 Cross R over L (5), Step L to L side (6), 9:00
78 Twist both heels to L side (7), Twist both heels to centre (8), 9:00

Section 3 [17-24] Behind - Side - Cross, R Kick, Behind - 1/4 L, Pivot 1/2 L

12 Cross L behind R (1), Step R to R side (2), 9:00
34 Cross L over R (3), Low Kick R Foot whilst angling body to R Diagonal (4), 11:30
56 Cross R behind L (5), Make a 1/4 L by stepping L Fwd (6), 6:00
78 Step R Fwd (7), Make a 1/2 L by moving weight to L foot (8), 12:00

***Restart here on Wall 11 (6:00)

Section 4 [25-32] R Prissy Step, Hold, L Prissy Step Hold, Jazzbox 1/4 R

12 Step R Fwd by crossing R over L (1), Hold (2), 12:00
34 Step L Fwd by crossing L over R (3), Hold (4), 12:00
56 Cross R over L (5), Make a 1/4 R by stepping L back (6), 3:00
78 Step R to R Side (7), Cross L over R (8), 3:00

#4 Count Tag: At the end of Wall 4 facing 12:00 O'Clock

R Side, L Touch, L Side, R Touch

12 Step R to R side (1), Touch L beside R (2)
34 Step L to L side (3), Touch R beside L (4)

Restart on Wall 11 after 24 Counts.

The tempo will change on Wall 14 after 8 counts, continue the dance at a slower pace. At the end of Wall 14, hold until the heavy beats start again.

Ending: On Wall 15 after Section 3, add a 1/4 L to finish at 12:00 O'Clock

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