

Sou favela, Let's play LOVE!

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Easy Improver
编舞者: Val Saari (CAN) - November 2018
音乐: Sou da Favela - Ruanzinho & Dany Bala



WALK FORWARD (R,L), RF POINT OUT-IN-OUT, TOE-STRUTS BACK (R,L), RF MAMBO BACK

1-2 Walk forward, RF, LF
3&4 Point RF to R side, Touch RF beside L, Point RF to R side
5&6& Touch RF toes back, Drop heel, Touch LF toes back, Drop heel
7&8 Rock RF back, Recover LF, Step RF beside L

WALK FORWARD (L,R) LF POINT OUT-IN-OUT, TOE-STRUTS BACK (L,R), LF MAMBO BACK

1-2 Walk forward, LF, RF
3&4 Point LF to L side, Touch LF beside R, Point LF to L side
5&6& Touch LF toes back, Drop heel, Touch RF toes back, Drop heel
7&8 Rock LF back, Recover RF, Step LF beside R

SYNCOPATED SCISSORS FWD X 2 (RL), RF STEP PIVOT 1/2 L, R KICK-BALL CHANGE

1&2 RF Step R, LF Recover, RF crosses LF and Hold (push and cross)
3&4 LF Step L, RF Recover, LF crosses RF and Hold (push and cross)
5-6 Step RF forward, Pivot 1/2 turn left (weight on LF)
7&8 Kick RF forward, Step RF together, Step LF together, hold

CROSS MAMBO R&L 1/4 PIVOT L, MODIFIED SIDE MAMBOS R,L

1&2 RF Cross over, LF Recover weight, RF Step together
3&4 LF Cross over, RF Recover weight, LF step 1/4 pivot L
5&6& RF Rock side right, LF recover, Touch RF toes to right side, Step RF heel down
7&8& LF Rock side left, RF recover, Touch LF toes beside RF, Step LF heel down

REPEAT - No Tags, No Restarts

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