

# The Light In Our Soul

**COPPER** **KNOB**  
STEPSHEETS

拍数: 64                      墙数: 2                      级数: Intermediate  
编舞者: Gordon Elliott (AUS) - July 2008  
音乐: The Light In Our Soul - Helena Paparizou



This dance is done in TWO directions. Introduction : Short intro on word "LOVE"  
ORIGINAL POSITION: FEET TOGETHER WEIGHT ON THE LEFT FOOT.

## ROLLING VINE RIGHT & CLAP, ROLLING VINE LEFT & CLAP

1,2,3,4                      Travel Right Turning 360 Degrees Right Rolling Vine Step : R, L, R, Hold & Clap,  
5,6,7,8                      # Travel Left Turning 360 Degrees Left Rolling Vine Step : L, R, L, Hold & Clap.

## FORWARD, HOLD & FORWARD, HOLD, FORWARD, ROCK, COASTER STEP

1, 2                      Step R Forward, Hold & Click Fingers,  
& 3, 4                      Step L Together, Step R Forward, Hold & Click Fingers,  
5, 6                      Step L Forward, Rock Back Onto R,  
7 & 8                      ## Coaster : Step L Back, Step R Together, Step L Forward.

## PIVOT TURN, PIVOT TURN, FORWARD, ROCK, 1/4 SIDE SHUFFLE

1, 2                      Pivot : Step R Forward, Turn 180 Degrees Left Take Weight Onto L,  
3, 4                      Pivot : Step R Forward, Turn 180 Degrees Left Take Weight Onto L,  
5, 6                      Step R Forward, Rock Back Onto L,  
7 & 8                      Turn 90 Degrees Right Side Shuffle To The Right Step : R-L-R.

## ACROSS, SIDE, BEHIND, 1/4 FORWARD, PIVOT TURN, FULL TURN TRIPLE

1, 2                      Step L Across In Front Of Right, Step R To The Side,  
3, 4                      Step L Behind Right, Turn 90 Degrees Right Step R Forward,  
5, 6                      Pivot : Step L Forward, Turn 180 Degrees Right Take Weight Onto R,  
7 & 8                      Travel Forward Turning 360 Degrees Right Triple Step : L-R-L.

## FORWARD, ROCK, SHUFFLE BACK, BACK, ROCK, SHUFFLE FORWARD

1, 2                      Step R Forward, Rock Back Onto L,  
3 & 4                      Shuffle Back Step : R-L-R,  
5, 6                      Step L Back, Rock Forward Onto R,  
7&8                      #### Shuffle Forward Step : L-R-L.

## Paddle Turn, Paddle Turn, Vaudeville & Vaudeville &

1, 2                      Paddle : Step R Forward, Turn 90 Degrees Left Take Weight Onto L,  
3, 4                      Paddle : Step R Forward, Turn 90 Degrees Left Take Weight Onto L,  
5 &                      Step R Across In Front Of Left, Step L To The Side,  
6 &                      Touch R Heel At 45 Degrees Right, Step R Back,  
7 &                      Step L Across In Front Of Right, Step R To The Side,  
8 &                      Touch L Heel At 45 Degrees Left, Step L Back.

## ROCKING CHAIR, JAZZ BOX

1, 2                      Rocking Chair : Step R Forward, Rock Back Onto L,  
3, 4                      Step R Back, Rock Forward Onto L,  
5, 6                      Jazz Box : Step R Across In Front Of Left, Step L Back,  
7, 8                      Step R To The Side, Step L Forward.

## STOMP, HOLD, STOMP, HOLD, HIP, HIP, HIP, HIP

1, 2                      Stomp R To The Side, Hold,  
3, 4                      Stomp L To The Side, Hold,

5, 6            Push Hips Right, Push Hips Left,  
7, 8            Push Hips Right, Push Hips Left.

**[64] REPEAT THE DANCE IN NEW DIRECTION**

**These are REALLY, REALLY EASY to pick in the music (start of verse or chorus each time)**

**RESTART 1 : On WALL 2 dance to BEAT 8 ( # ) then RESTART facing the BACK.**

**RESTART 2 : On WALL 4 dance to BEAT 16 ( ## ) then RESTART facing the FRONT.**

**RESTART 3 : On WALL 5 dance to BEAT 40 ( ### ) then RESTART facing the FRONT.**

**RESTART 4 : On WALL 7 dance to BEAT 8 ( # ) then RESTART facing the BACK.**

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