

# Cut Me Loose

拍数: 32      墙数: 4      级数: Improver  
编舞者: Frederick Fung (CAN) - November 2018  
音乐: Lost on You (DJ Tronky Bachata Remix) - LP



## Sections 1 & 2 [1-16] BACHATA DIAMOND

### Sec 1:

- 1            1/8 Turn to R(right) and Step LF(left foot) to left side
- 2            Step RF(right foot) next to LF
- 3            Step LF to left side
- &
- 4            Tap R Toe to right side and Hip Bump
- 5            Step RF to right side
- 6            step LF next to RF
- 7            Step LF to right side
- &
- 8            Tap L Toe to left side and Hip Bump

### Sec 2:

- 1            Step LF to left side
- 2            Step RF next to LF
- 3            Step LF to left side
- &
- 4            Tap R Toe to right side and Hip Bump
- 5            Step RF to right side
- 6            Step LF next to RF
- 7            Step RF to right side
- &
- 8            Tap L Toe to left side (next to RF) facing 12:00

### Sec 3: SWIVEL FWD x 3(LRL), RF TOE TOUCH, STEP BACK RLR SHOULDER ROLL, LF STEP DOWN

- 1-3          LF Swivel forward L (1), RF Swivel forward R (2), LF Swivel forward L (3)
- 4            RF Toe Touch (weight on LF)
- 5            Step back RF with Shoulder Rolling back
- 6            Step back LF with Shoulder Rolling back
- 7            Step back RF with Shoulder Rolling back
- 8            Step LF down in place next to RF

### Sec 4: RF KICK L, RF KICK R, RF STEP DOWN, LF HITCH, 1/4 TURN L, LF STEP DOWN, HIP ROLL

- 1            Kick RF towards 10:30
- 2            Kick RF towards 1:30
- 3            Step RF down in place
- 4            Hitch LF up
- 5            1/4 Turn to L facing 9:00 and Step LF down
- 6            R Toe Touch pointing to 1:30
- 7            Step R Heel down in place
- 8            Hip Roll anticlockwise to L

### REPEAT

For Song & Step Sheet, please contact: [Passionff0118@gmail.com](mailto:Passionff0118@gmail.com)  
Last Update - 29 June 2021-R2

