

Tango Mamba

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Phrased Intermediate Tango style
编舞者: Kirsi-Marja Vinberg (FIN) - November 2018
音乐: Uni - Mamba : (CD: Toinen elämä - iTunes)



Parts: AA AA A BB A BB

A-part

STOMP L, 3 TOE TAPS BACK, STOMP R, 3 TOE TAPS BACK

1-4 with a flick back stomp your left foot forward, make 3 toe taps back with right foot
5-8 with a flick back stomp your right foot forward, make 3 toe taps back with left foot
(In all toe taps the thighs are together)

STEP L BACK & HOOK, STEP R FORWARD & HOOK

1-2 step big step: step left foot back with right foot hooked across left leg, hold (slow)
3-4 step big step: step right foot forward with left foot hooked behind right leg, hold (slow)

STEP L BACK & HOOK (QUICK), STEP R FORWARD(QUICK), STEP L FORWARD(SLOW)

5 step little step: left foot back and make a flick with right foot across left foot backwards (quick)
6 step right foot forward (quick)
7 step left foot forward (quick)
8 touch right toe together(quick)

SLOW WALKS BACK WITH SWEEPS , 2 QUICK STEPS BACK, STEP BACK AND TURN ¼ R WITH TOE TOUCH TO SIDE

1-2 sweep right foot back in half circle(slow, now the weight is on the right foot)
3-4 sweep left foot back in half circle (slow, now the weight is on the left foot)
5 step right back (quick)
6 step left back (quick)
7-8 step right back and turn sharply ¼ right with left toe to side, hold (slow)

CROSS STEP, TOE TAP TO SIDE WITH KNEE HOOKED X 2, 2 STOMPS, TOE TOUCH TO SIDE, HOLD

1-2 step left across right, knock right toe to side with knee hooked(quick quick)
3-4 step right across left, knock left toe to side with knee hooked (quick quick)
5-6 stop left foot down beside right foot 2 times (quick quick)
7-8 touch left toe to side, hold (slow)

B -part

STEP FORWARD, PIVOT TURN ½ L.

1-3 step left forward, step right forward and turn ½ left (change weight to the left foot)
2 TAPS GOING FORWARD, STEP FORWARD, 2 TAPS GOING FORWARD, STEP FORWARD, 2 TAPS GOING FORWARD, STEP FORWARD
4&5 tap right toe 2 times (beside left foot) in that way, that the other tap is farther on, step right foot forward
6&7 tap left toe 2 times (beside left foot) in that way, that the other tap is farther on, step left foot forward
8&1 repeat 4&5

PIVOT TURN ¼ R, STEP LEFT ACROSS RIGHT, HOLD, STEP R TO SIDE AND TURN ½ L, STEP L TO SIDE WITH SWEEP OR RONDE, STEP R ACROSS L, HOLD(IN RUMBA RHYTHM)

2-3 step left forward, turn ¼ right, change the weight to the right foot
4-1 step left across right, hold
2-3 step right to the side and turn ½ left, step left foot to side/altern. step right to side with sweep in half circle to side or ronde

4-1 step right across left, hold

STEP L TO SIDE AND TURN ½ R, STEP R TO SIDE WITH SWEEP OR RONDE, TOUCH TOGETHER, HOLD, ROCK STEP FORWARD, TOE TOUCH BACK, TURN ½ L(IN RUMBA RHYTHM)

2-3 step left to side and turn ½ right, step right to right side/ altern. step right to side with sweep in half circle to side or ronde

4-1 touch left together, hold

2-3 step left forward, right in place

4-1 touch left toe back, turn ½ left and take weight to the left foot

TOE TOUCHES SIDE, TOGETHER, SIDE, CROSS STEP, CROSS STEP, TOE TOUCHES SIDE, TOGETHER, SIDE, CROSS STEP

2&3 touch right toe to side, together, to side

4-5 step right across, step left across

6&7 touch right toe to side, together, to side

8 step right across left

(When you start dance again, yo can step the first step little across)

REPEAT

Ending: you have just finished the B-part(18.00 o'clock): step left foot forward and turn ½ right with weight on the left foot(now 12.00 o'clock), slide right foot in half circle to the left foot, slide right toe to left leg onto knee, kick right foot forward with straight ankle, slide right toe back down to left leg.

Contact: vinberg@aurinkorytmi.com
