

My Old Love

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Marja Urgert (NL) & Jan Van Tiggelen (NL) - November 2018
音乐: Palia Mou Agapi "By" Helena Paparizou & Mark Angelo



Intro: 24 Counts

Sec 1: Big Step To R, Cross Rock Behind, Recover, Step Side, Cross Rock Behind, Recover, 1/4 Turn R, 1/4 Chasse, Cross Rock Behind, Recover, Step Side

1-2& RF. Big step to R - LF. Cross rock behind RF - RF. Recover
3-4& LF. Step side - RF. Cross rock behind LF - LF. Recover
5-6&7 RF. 1/4 Turn R step fwd (3:00) - LF. 1/4 Turn R step side - RF. Step together - LF. Step side (6:00)
8&1 RF. Cross rock behind LF - LF. Recover - RF. Step side

Sec 2: Behind-Side-Cross, Point & Point & Touch, Step fwd, Step-Lock-Step

2&3 LF. Cross behind RF - RF. Step side - LF. Cross over RF
4&5&6 RF. Point toe to R side - RF. Step together - LF. Point toe to L side - LF. Step together - RF. Touch toe beside LF
7 RF. Step fwd
8&1 LF. Step fwd - RF. Lock behind LF - LF. Step fwd

Sec 3: Cross Over, 1/8 Turn R, Step Together, Shuffle fwd, Rock fwd, Recover, 1/2 Turn R Shuffle fwd

2&3 RF. Cross over LF - LF. 1/8 Turn R step back - RF. Step together (7:30) *Tag 1+Restart*
4&5 LF. Step fwd - RF. Step together - LF. Step fwd
6&7 RF. Rock fwd - LF. Recover - RF. 1/2 Turn R step fwd (1:30)
8&1 LF. Step fwd - RF. Step together - LF. Step fwd

Sec 4: Step fwd, 5/8 Turn L, Behind, Side, Step fwd, Step-Lock-Step, Step fwd, Touch

2&3 RF. Step fwd - 5/8 Turn L - RF. Step side (6:00)
4&5 LF. Cross behind RF - RF. Step side - LF. Step fwd
6&7 RF. Step fwd - LF. Lock behind RF - RF. Step fwd
8& LF. Step fwd - RF. Touch toe beside LF

Start Again

Tag 1+Restart: In wall 3 (6:00) and 6 (12:00) after count 19, count 3 of the 3rd block

Dance up to count 19 Then do

4& LF. 1/8 Turn L step fwd - RF. Touch toe beside LF

and restart the dance

Tag 2: After the 8th wall (12:00)

Sway hips R,L,R,L

1-2-3-4 RF. Step side sway hips to R - Sway hips to L - Sway hips to R - Sway hips to L (weight on LF)

Ending: dance the 9th wall to count 31 (6:00), count 7 of the 4th block, then do

8&1 LF. Step fwd - Pivot 1/2 turn R - LF. Step fwd (12:00)

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