

Sexy & Free

拍数: 32 墙数: 2 级数: Beginner
编舞者: Partyfor2 (ES) - July 2018
音乐: Domino - Jessie J : (CD: Who You Are - 2011)



Intro: 16 counts

TOUCHES OUT RIGHT FOOT, SLIDE IN

1-2 Touch right foot out to right side, touch out to right
3-4 Touch right foot out to right side, touch out to right
5-6 Slide right foot in to left, Slide right foot in to left.
7-8 Slide right foot in to left, step right foot beside left foot.

TOUCHES OUT LEFT FOOT, SLIDE IN

9-10 Touch left foot out to left side, touch out to left
11-12 Touch left foot out to left side, touch out to left.
13-14 Slide left foot in to left, slide left foot in to left.
15-16 Slide left foot in to left, step left foot beside right foot

TWIST RIGHT, SIDE STEP(L), CROSS(R), ¼ TURN & SHUFFLE FWD(L)

17-18 Twist heels to right, twist toes to right
19-20 Twist heels to right, twist toes to right
21-22 Step left foot to left side, cross right foot over left foot
23&24 Turn ¼ to left and step left forward, step right beside left, step left forward (09:00)

STEP FWD(R), ¼ TURN LEFT, CROSS SHUFFLE(R), ¼ TURN RIGHT STEPS(L-R), CROSS SHUFFLE(L)

25-26 Step right foot forward, turn ¼ to left (weight on left) (06:00)
27&28 Step right foot over left foot, step left foot to left side, step right foot over left foot.
29-30 Turn ¼ to left and step left foot back(09:00), turn ¼ to right and step right foot to right side.
31&32 Cross left foot over right foot, step right foot to right side, step left foot over right foot.

REPEAT

TAG: (16 counts)

Once at the end of walls 5

Four times at the end of wall 10

1-2 Cross right foot over left foot, point left foot to left side.
3-4 Cross left foot over right foot, point right foot to right side.
5-6 Step right foot forward, step left foot forward.
7-8 Step right foot forward, flick left foot.

9-10 Step left back, step right back
11-12 Step left back, hitch right
&13-14 Step right foot to right side, step left foot to left side, hold
&15-16 Step right foot back to centre, step left foot back to centre, hold.