

Hey Mr. Melody

COPPER KNOB
STEPSHEETS

拍数: 52 墙数: 2 级数: Phrased Improver
编舞者: Nancy Greene (CAN) - October 2018
音乐: Mr. Melody - Natalie Cole



Phrasing: A, A, B, A, A, B, B, B, B, B, B, 1/3 B

Intro: After a 16 count intro and a Pause, count in as follows. "Drumbeat (5) - Hey (6) - Mis (7) - ter (8)".
Dance starts on the word "Melody" (13 sec from start of track).

A Part (always done twice) 20 counts

[1 - 8] R Side, Touch, L Side, Touch, Triple R, Rock L Back, Recover

1 2 Step R to R side (1), Touch L beside R (2) 12:00
3 4 Step L to L side (3), Touch R beside L (4) 12:00
5 & 6 Step R to R side (5), Step L beside R (&), Step R to R side (6) 12:00
7 8 Rock L back to R diagonal (7), Recover weight to R (8) 12:00

[1 - 8] L Side, Touch, R Side, Touch, Triple L, Rock Back R, Recover

1 2 Step L to L side (1), Touch R beside L (2) 12:00
3 4 Step R to R side (3), Touch L beside R (4) 12:00
5 & 6 Step L to L side (5), Step R beside L (&), Step L to L side (6) 12:00
7 8 Rock R back to L diagonal (7), Recover weight to L (8) 12:00

[1 - 4] Step R fwd, 1/2 Pivot L, Step R in place, Step L in place

1, 2 Step R fwd (1), 1/2 L Pivot turn transferring weight to L (2) 6:00
3, 4 Step R beside L (3), Step L beside R (4) 6:00

Note: At the end of the Double A sequence it returns to the starting wall - 12:00>6:00 & then 6:00>12:00

B Part – 32 counts

[1 - 8] Step R Diag, Touch, Step L Diag, Touch, Triple fwd, Rock fwd, Rec

1 2 Step R to R diagonal leading with the R hip (1), Touch L beside R (2) 12:00
3 4 Step L to L diagonal leading with the L hip (3), Touch R beside L (4) 12:00
5 & 6 Step R fwd (5), Step L beside R (&), Step R fwd (6) 12:00
7 8 Rock L fwd (7), Recover weight back to R (8) 12:00

[1 - 8] 2 x's 1/2 turn L Triples (or 2 Shuffles Back) , Rock Back to R diag, Rec, Scissor Step

1 & 2 1/4 turn L stepping L to L side (1), Step R beside L (&), 1/4 turn L stepping L fwd (2) 6:00
3 & 4 1/4 turn L stepping R to R side (3), Step L beside R (&), 1/4 turn L stepping R back (4) 12:00
5 6 Rock L back to R diagonal (5), Recover weight to R (6) 12:00
7 & 8 Step L to L side (7), Step R toward L (&), Cross L over R (8) 12:00

[1 - 8] Side, Cross, Side, Kick L, Side, Cross, Side, Kick R

1 2 3 Step R to R side (1), Step L across R (2), Step R to R side (3) 12:00
4 Keeping weight on R kick L to L diagonal (4) 12:00
5 6 7 Step L to L side (5), Step R across L (6), Step L to L side (7) 12:00
8 Keeping weight on L kick R to R diagonal (8) 12:00

[1 - 8] Side Step, Touch/Pop Up, Side Step, Touch/Pop Up, 4 Walks in 1/2 circle CW

1 2 Step R to R side (1), As you Touch L beside R pop up/rise onto the balls of both feet (2) 12:00
3,4 Step L to L side (3), as you Touch R beside L pop up/rise onto the balls of both feet (4) 12:00
5 6 1/8 turn R stepping R fwd (5), 1/8 turn R stepping L fwd (6) 9:00
7 8 1/8 turn R stepping R fwd (7), 1/8 turn R stepping L fwd (8) 6:00

The final wall starts facing 6:00. The music will begin to fade out & will stop as you reach beat 8 of B Part.
To finish the dance facing 12:00 take one more step - making a 1/2 turn L stepping fwd on the L.
Enjoy
