

Last Christmas Rumba (去年聖誕節倫巴) (zh)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Nina Chen (TW) - 2018年11月
音乐: Last Christmas Rumba



Intro: 16 counts - No Tag ! No Restart !!

Sec 1: HALF RUMBA BOX, SWAY R - HOLD - SWAY L - HOLD

1-4 Step LF to L - Step RF beside LF - Step LF fwd - Hold
5-8 Step RF to R while sway hip - Hold - Weight on LF while sway hip - Hold
1-4 左足左踏 - 右足併踏左足旁 - 左足前踏 - 停拍
5-8 右足右踏並搖臀 - 停拍 - 重心回左足並搖臀 - 停拍

Sec 2: HALF RUMBA BOX, BACK LOCK STEP - HOLD

1-4 Step RF to R - Step LF beside RF - Step RF back - Hold
5-8 Step LF back - Step RF over LF - Step LF back - Hold
1-4 右足右踏 - 左足併踏右足旁 - 右足後踏 - 停拍
5-8 左足後踏 - 右足鎖於左足前 - 左足後踏 - 停拍

Sec 3: BACK - RECOVER - FWD - PIVOT 1/4 L, CROSS - SIDE - CROSS - SWEEP

1-4 Step RF back - Recover on LF - Step RF fwd - Pivot 1/4 turn L (9:00) weight on LF
5-8 Cross RF over LF - Step LF to L - Cross RF over LF - Sweep LF from back to front
1-4 右足後踏 - 重心回左足 - 右足前踏 - 向左踏轉1/4 (9:00) 重心回左足
5-8 右足前踏 - 左足左踏 - 右足前踏 - 左足由後往前繞

Sec 4: WEAVE - SWEEP, BACK - SWEEP - BACK - RECOVER

1-4 Cross LF over RF - Step RF to R - Cross LF behind RF - Sweep RF from front to back
5-8 Step RF back - Sweep LF from front to back - Step LF back - Recover on RF
1-4 左足前踏 - 右足右踏 - 左足後踏 - 右足由前往後繞
5-8 右足後踏 - 左足由前往後繞 - 左足後踏 - 重心回右足

Have Fun & Happy Dancing !!!

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