

Moves

拍数: 32 墙数: 4 级数: Intermediate / Advanced
编舞者: Daan Geelen (NL) - November 2018
音乐: Moves (feat. Snoop Dogg) - Olly Murs



Intro: 16 counts

****2 Restarts: Walls 2 & 5 after 15 counts**

Section 1: Touch, Ball Step, Kick Out Out, Ball Cross, Step Side, Heel, Heel, Touch Back;

1 & 2 Touch R next L, Step R in Place, Step L Fwd.
3 & 4 Kick R Fwd, Step R to Rightside, Step L to Leftside.
& 5 6 Step R next to L, Cross L over R, Step R to Rightside.
7 & 8 ¼ Turn L Twist L Heel in, Twist R Heel Out, Touch L Back.

Section 2: ½ Turn, Hold, BodyRoll Down, Hip Twist ¼ Turn;

1 2 ½ Turn Left (weight ends on L), Hold.
3 4 BodyRoll Down (weight ends on R).
5&6&7 in ¼ Turn Right Hip Bumps to L (Hip Out, Center, Out, Center, Out:

***(Restart) Walls 2 & 5**

8 Recover to R.

Section 3: Tap, Tap, Tap, Behind, Side, Cross, Touch Out In Out, ¼ Turn Close, Jump, Step Fwd;

1 & 2 Tap L over R, Tap L in front of R, Tap L to Leftside.
3 & 4 Step L behind R, Step R to Rightside, Cross L over R.
5 & 6 Touch R out to Rightside, Touch R next to L, Touch R out to Rightside.
&7&8 ¼ Turn Right Close R next to L, Jump on both feet, Down on both feet, Step R Fwd

Section 4: ¾ Platform Spin, Jump Out, BodyRoll Up, Ball Cross, ¼ Turn Step Fwd, ¼ Turn Step Side, Heel, Toe, Heel;

1 2 Turn on R ¾ Turn Left, Close L next to R.
& 3 4 Step R Out, Step L Out, BodyRoll Up.
& 5 6 Close L next to R, Cross R over L, Step L ¼ Turn Left Fwd
&7&8 Step R ¼ Turn Left to Right side, Twist L Heel in, Twist R Toe in, Twist R Heel in (on the diagonal)

End Pose: Turn on R ¼ Turn Left Step L to Leftside Turn Body ¼ Turn to 12 o'clock with a pose (everything is in 1 count)

Start again! Enjoy!