

Honey Love

拍数: 58

墙数: 2

级数: Phrased Easy Intermediate (2
Step/CCS)



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音乐: Honey Honey - Derek Ryan & Lisa McHugh

Introduction: 24 counts - Sequence: ABBCC ABBCCCC BBCC

Note: The counting is 2 times slower than a regular 2 step to make it easier to count. For part A, listen to lyrics, each step is a word. For part B, double the counts could help. For part C : replacing counts by « quick, quick, slow, slow » x2 & « honey, honey » could be a solution.

PART A : (SLOW)

[1-8] HEEL STRUT, 1/4 L w/ SWEEP, CROSS, SIDE, BEHIND, ROCK SIDE, BEHIND, BIG STEP SLIDE

- 1-2 Touch R heel fwd, step RF fwd
- 3-4 .. 1/4 turn L.. step LF side, sweep RF fwd (9:00)
- 5&6 Cross RF over LF, step LF side, cross RF behind LF
- &7&8 Rock step LF side, recover on RF, cross LF behind RF, big step RF slide LF together

[9-16] CROSS TOE STRUT, 1/4 L w/ SWEEP, SAILOR STEP, BEHIND, TOUCH, HITCH, STEP

- 1-2 Touch L toe over RF, cross LF over RF
- 3-4 .. 1/4 turn L.. step RF back, sweep LF back (6:00)
- 5&6 Cross LF behind RF, step RF side, step LF side
- &7&8 Cross RF behind LF, touch L toe side, hitch L knee, step LF fwd

[17-24] HEEL STRUT, 1/4 L w/ SWEEP, CROSS, SIDE, BEHIND, ROCK SIDE, BEHIND, BIG STEP SLIDE

- 1-2 Touch R heel fwd, step RF fwd
- 3-4 .. 1/4 turn L.. step LF side, sweep RF fwd (3:00)
- 5&6 Cross RF over LF, step LF side, cross RF behind LF
- &7&8 Rock step LF side, recover on RF, cross LF behind RF, big step RF slide LF together

[25-34] CROSS TOE STRUT, 1/4 L w/ SWEEP, SAILOR STEP, BEHIND, TOUCH, HITCH, CROSS, UNWIND

- 1-2 Touch L toe over RF, cross LF over RF
- 3-4 .. 1/4 turn L.. step RF back, sweep LF back (12:00)
- 5&6 Cross LF behind RF, step RF side, step LF side
- &7&8 Cross RF behind LF, touch L toe side, hitch L knee, cross LF over RF
- 9-10 Unwind ..full turn turn R.. weight on LF

PART B : (COUNTRY CATALAN STYLE)

[1-8] JUMPS : OUT, FLICK, 1/2 L KICK, STEP, ROCKING CHAIR, STEP LOCK STEP BRUSH x2

- 1& Jump out feet apart shoulder length, jump on RF flicking LF back
- 2& .. 1/2 turn L.. jump on RF kicking LF fwd, jump on LF flicking RF back (6:00)
- 3& Rock step RF fwd flicking LF back, recover on LF kicking RF fwd
- 4& Rock step RF back kicking LF fwd, recover on LF flicking RF
- 5&6& Step RF diagonally fwd, lock LF behind RF, step RF diagonally fwd, brush LF
- 7&8& Step LF diagonally fwd, lock RF behind LF, step LF diagonally fwd, brush RF

[9-16] CROSS ROCK, SIDE, TOUCH, 1/4 L, 1/2 L, BACK, STOMP, ROCK, ROCKING CHAIR 1/4 L, STOMP x2

- 1&2& Cross rock RF over LF, recover on LF, step RF side, touch L toe side
- 3&4& .. 1/4 turn L.. step LF fwd, ..1/2 turn L.. step RF back, step LF back, stomp up RF together (9:00)

5& Rock step RF back kicking LF fwd, recover on LF flicking RF back
6& .. 1/8 turn L.. rock step R heel fwd, recover on LF (7:30)
7& .. 1/8 turn L.. rock step RF back, recover on LF (6:00)
8& Stomp up RF twice

PART C : (2 STEP (QQSS))

[1-8] VINE 1/4 L, STEP TURN R, WALK x3, 1/4 L SIDE, SLAP BEHIND, 1/4 L FWD, SLAP BEHIND

1&2-3 Step RF side (Q), cross LF behind RF (Q), ..1/4 turn R.. step RF fwd (S), step LF fwd (S)
(3:00)

4&5-6 .. 1/2 turn R.. step RF fwd (Q), step LF fwd (Q), step RF fwd (S), step LF fwd (S) (9:00)

7&8& .. 1/4 turn L.. step RF side, slap RF behind LF, ..1/4 turn L.. step LF fwd, slap RF behind LF
(3:00)

Option FULL TURN R on &5 replace by : ..1/2 turn R.. step LF back, ..1/2 turn R.. step LF fwd

FINAL: STOMP RF side

**Dedicated to my honey et her mother for the music !
Have fun, good luck !!**
