

Mirrors Kizomba

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Judy Rodgers (USA) - November 2018
音乐: Mirrors - K-Pro : (Album: Kizomba Hits; amazon.com)



Intro: 35 counts (3 silent counts after the words 'let you know'.....start when vocals kick back in)

S1: Side touch & side touch &, walk walk, rock recover

1-2& Step R to right side, touch L beside R (hip up/down)
3-4& Step L to left side, touch R beside L(hip up/down)
5-6 Walk fwd R, walk fwd L
7-8 Rock R fwd, recover L

S2: Turn 1/4 R side cross rock, sway sway sway, cross side back, back side fwd (turning 1/2 circle)

1-2& Turn 1/4 right step R to right side, cross L over R, recover R 3:00
3-4& Sway L, sway R, sway L
5-6& Cross R over L turn 1/8 right step L back/side, turn 1/8 right step R back 6:00
7-8& Turn 1/8 step L back, turn 1/8 right step R to right side, step L fwd 9:00

******* Restart here on Wall 2 and Wall 6 (both restart facing 6:00)**

S3: Side behind side, sync rocking chair, cross side rock R, cross side rock L

1-2& Step R to right side, step L behind R, step R to right
3&4& Rock L fwd, recover R, rock L back, recover R (to right diagonal)
5-6& Cross L over R, rock R to right side, recover L (moving fwd)
7-8& Cross R over L, rock L to left side, recover R (moving fwd)

S4: Step turn 1/2 L sweep, sailor step, step turn/roll 1/4 L, step turn/roll 1/4 L

1-2& Step L fwd, turn 1/2 left step R back, sweep L from front to back 3:00
3-4& Step L behind R, step R to right side, step L to left side
5-6 Step R fwd, turn 1/4 left (rolling hips counter clockwise) step L fwd 12:00
7-8 Step R fwd, turn 1/4 left (rolling hips counter clockwise) step L fwd 9:00

****2 Restarts: Wall 2 and Wall 6 both start at 9:00 and Restart at 6:00**

Ending: Dance ends on Wall 12 after 16 counts, facing 12:00....

NOTE: I have faded out about 4:14 since the original music is 7:23 minutes long