Sugar Mama

拍数: 48 **墙数:** 4 **级数:** Easy Intermediate
编舞者: Tina Morris & Ann Gorman (AUS) - October 2018
音乐: Sugar Mama - The Waifs : (Album: Ironbark - iTunes)

 # Tag 4 counts end of Wall 1. ## Bridge 4 counts after count 32 on Wall 4
Dance starts on the word: 'born'

(1-8) R & L Charleston, R Lock Shuffle with Scuff, L Lock Shuffle

1 2 3 4	Touch R forward, step R back, touch L back, step L to slightly forward,
5&6&	Step R forward, lock L behind R, step R forward, scuff L forward,
7&8	Step L forward, lock R behind L, step L forward.

(9-16) R Mambo forward, 4 Toe Strut's back (LRLR), L Back Coaster step

1&2	Rock R forward, Recover L, R back together,
3&4&5&6&	Step L toe strut back, Step R toe strut back, Step L toe strut back, Step R toe strut back,
7&8	Step L back, step R together, step L forward.

(17-24) R Paddle 1/4 left, R Paddle 1/4 left, R Cross & Heel, L Cross & Heel

1 2 3 4	Step R forward paddle 1/4 turn L, Step R forward paddle 1/4 turn L,
5&6&	Cross R over L, step L to left side, touch R heel to R45, step R to centre,
7&8&	Cross L over R, step R to right side, touch L heel to L45, step L to centre. (6:00)

(25-32) R Paddle 1/4 left, Cross side behind, rock L to left, recover R, Behind side step L forward

1 2	Step R forward paddle 1/4 turn L,
3&4	Cross R over L, step L beside R, step R behind L,
5 6	Rock L to left side, recover on R,
7&8	Cross L behind R, step R beside L, step L slightly forward. (3:00)

Bridge Wall 4: 4 count Jazz Box after count 32 facing 12:00, then continue dance at count 33

(33-40) 4 turning Heel Switches, Rock R forward recover, R Back Coaster step

1&2&3&4&	Touch R heel forward, step R beside L, turn 1/4 L touch L heel forward Step L beside R, touch R heel forward Step R beside L, turn 1/4 L touch L heel forward Step L beside R,
5 6	Rock R forward, recover onto L,
7&8	Step R back, step L together, step R forward. (9:00)

(41-48) Rock L forward recover, L 1/2 turning Shuffle, R Jazz box

1 2	Rock L forward, recover onto R,
3&4	Turn 1/2 L, step L forward, step R together, step L forward,
5 6 7 8	Cross R over left, step L back, step R to right, step L slightly forward. (3:00)

 # Tag Wall 1: 4 count Jazz Box at the end of the wall facing 3:00 then Restart dance

Dance ends on count 16 facing 12:00

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