

Easy Moves

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Karen Holtom (UK) - October 2018
音乐: Moves (feat. Snoop Dogg) - Olly Murs : (iTunes, amazon)



Intro: 16 Counts (after he sings 'You Dig')

SECT 1 CHARLESTON STEP, WALK, WALK, STEP, BOUNCE BOUNCE ¼ TURN L

1 2 Touch R toe forward, Step back on R
3 4 Touch L toe behind, Step forward on L
5 6 Walk forward R, L
7 & 8 Step forward on R, bounce heels x 2 turning ¼ L (9)

SECT 2 CROSS, SIDE, BEHIND, POINT, CROSS, SIDE, BEHIND, OUT-IN

1 2 Step R across L, Step L to L side
3 4 Step R behind L, Point L foot to L side
5 6 Step L across R, Step R to R side
7 & 8 Step L behind R, Point R to R side, Touch R beside L

SECT 3 CHARLESTON STEP, SHUFFLE FORWARD, STEP ½ TURN, STEP

1 2 Touch R toe forward, Step back on R
3 4 Touch L toe behind, Step forward on L
5 & 6 Step forward on R, Step L next to R, Step forward on R
7 & 8 Step forward on L, Pivot ½ turn R, Step forward on L (3)

SECT 4 TOE HEEL STOMP x 2, R ROCKING CHAIR, STEP, HEEL SPLITS

1 & 2 Touch R toe next to L foot, Touch R heel next to L foot, Stomp R forward
3 & 4 Touch L toe next to R foot, Touch L heel next to R foot, Stomp L forward
5 & 6 & Rock forward on R, Recover on L, Rock back on R, Recover on L
7 & 8 Step R next to L, Split heels apart, Bring heels together
