

Of My Heart

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Smooth Motion
编舞者: Andrés de la Rubia Alberti (ES) - October 2018
音乐: Shape of My Heart - Sting



[1-8] Step Back, Drag, coaster Side, Heel Grind ¼ turn right, shuffle back

1-2 Rf back, Lf beside Rf
3&4 Lf back, Rf next Lf, Lf to the left
5-6 Cross heel Rf over Lf, 1/4 turn right and Lf back
7&8 Rf back, Lf next Rf, Rf back

[9-16] Rock back with hitch, recover, shuffle forward, rock forward, rock side cross

1-2 Lf back with hitch Rf, recover weight Rf
3&4 Lf forward, Rf next Lf, Lf forward
5-6 Rf forward, recover weight Lf
7&8 Rf to the right, recover weight Lf, cross Rf over Lf

[17-24] Toe strut forward, 1/2 right, coaster step ½ turn, step, side, anchor step

17-18 Toe Lf forward, we support Lf and ½ turn right (weight Lf) (Restart on the 7° wall)
19&20 Rf back (optional sweep), Lf next to Rf, 1/2 turn right Rf forward
21-22 Lf forward, Rf to the right
23&24 Lf back, recover weight Rf, recover weight Lf

[25-32] Toe strut, Kick ball cross, sweep, Touch, coaster point

25-26 Toe Rf cross over Lf, support Rf
27&28 kick Lf forward, Lf next to the Rf, Cross Rf over Lf
29-30 Lf from back to front cross Rf, touch Rf behind Lf
31&32 Rf back, Lf next to Rf, point Rf forward

Enjoy the Dance

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