

It's YOUR Moves

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - October 2018
音乐: Moves (feat. Snoop Dogg) - Olly Murs



Starts.. 16 Counts on Vocals
Sequence .. 48, 32, 48 32 To End.

Step Touch, Step Touch, Step Touch, Side, Back Rock, Side, Behind, 1/4, Step.

- 1&2& Step Left forward diagonal Left, touch Right next to Left, Step Right forward diagonal, Right, touch Left next to Right
- 3&4 Step Left forward diagonal Left, touch Right next to Left, Step Right a large step to Right side.
- 5&6 Cross rock Left behind Right, recover on Right, step Left to Left side.
- &7-8 Cross step Right behind Left, make 1/4 turn to Left stepping forward on Left, step forward on Right. (9:00)

Mambo Step, Bounce, Bounce, Step, Back, Behind & Cross

- 1&2 Rock forward on Left, recover on Right step back on Left.
- 3-4 Step back on Right as you Bounce/Sit down into Right x2.
(Bounce smoothly down & up & down again slightly sitting.. knees bend/dip)
- 5-6 Step/Slight Jump forward onto Left as Right toe touches behind, step back onto Right as Left sweeps out.
- 7&8 Cross step Left behind Right, step Right to Right side, cross step Left over Right.

Cross, Side, Back, Back, Side, Forward (1/2 turning Circle) Step, 1/2, 1/4 Rock & Cross.

- 1&2 Make 1/8 turn to Right stepping Right forward & slightly across Left, 1/8 turn Right stepping Left to Left side, 1/8 turn to Right stepping back on Right
- 3&4 Step back on Left, 1/8 turn to Right stepping Right to Right side, step forward Left. (3:00)
- 5-6 Step forward on Right, make 1/2 turn to Right stepping back on Left. (9:00)
- 7&8 1/4 turn to Right rocking Right to Right side, recover on Left, cross step Right over Left. (12:00)

Side, Back Rock, Side, Back Rock, Side, 1/4 Sailor Cross & Cross.

- 1-2& Step Left to Left side, cross rock Right behind Left, recover on Left.
- 3-4& Step Right to Right side, cross rock Left behind Right, recover on Right,
- 5 Step Left to left side.
- 6&7&8 Make 1/4 turn to Right cross stepping Right behind Left, step Left to Left side, cross step Right over Left, step Left to Left side, cross step Right over Left. (3:00) *R*

Step Lock &, Step Lock Step, Step Lock & 1/4, Together.

- 1-2& Step Left forward diagonal Left, lock Right behind Left, step Left forward diagonal Left.
- 3&4 Step Right forward diagonal Right, lock Left behind Right, step Right forward diagonal Right.
(note timing 1-4)
- 5-6& Step Left forward diagonal Left, lock Right behind Left, step Left forward diagonal Left.
- 7-8 Make 1/4 turn to Left stepping Right a large step to Right side, step Left next to Right as Right sweeps out. (12:00)

Behind, Side, Cross, 1/4, 1/2, Mambo Step, 1/2, Drag Touch.

- 1&2 Cross step Right behind Left, step Left to Left side, cross step Right over Left.
- 3-4 Make 1/4 turn to Right stepping back on Left, 1/2 turn to Right stepping forward on Right. (9:00)
- 5&6 Rock forward on Left, recover on Right, step back on Left.
- 7-8 Make 1/2 turn to Right stepping forward on Right, drag Left to touch next to Right. (3:00)

Restart on Walls 2 & 4, and all Walls to the End of Dance :)
Only Walls 1 & 3 Have 48 Counts .

Last Update - 3rd Nov. 2018
