

Mi Ancla Waltz

COPPER KNOB
STEPSHEETS

拍数: 24 墙数: 4 级数: High Beginner
编舞者: Helaine Norman (USA) - October 2018
音乐: Mi Ancla - Mindy Gledhill



OR: Anchor by Mindy Gledhill

Intro: 24 counts - Three Easy Tags

I. Basic Forward, Basic Back

1-3 Step left forward, step right together, step left together
4-6 Step right back, step left together, step right together

II. Step Point, Hold; Step Point, Hold

1-3 Step left forward, point right side, hold
4-6 Step right back, point left side, hold

III. Twinkle Twice

1-3 Step left over, step right side, step left side
4-6 Step right over, step left side, step right side

IV. Behind Side Cross, Side 1/4 Turn, Drag

1-3 Step left behind, step right side, step left over
4-6 Step right side (long) making 1/4 turn left pivot on R (4), drag left together (5-6) 3:00

Tag: Basic Forward, Basic back

1-3 Step left forward, step right together, step left together
4-6 Step right back, step left together, step right together

After 1/4 turn left at end of walls:

*2 facing 6:00

**4 facing 12:00

**8 facing 12:00

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Last Update - 23 Jan. 2020 - R3