Last Train to Memphis Contra



编舞者: Gwen Walker (USA) - October 2018 音乐: Last Train to Memphis - Bobby Charles



(Dance is dedicated to Loraine Wheat, she loves this song)

Intro: 32 counts after the word Memphis

No Tags or Restarts

Start dance two line facing each other offset.

[1-8] Toe, Heel, Stomp Hold x 2.

Touch R toe beside L, touch R heel beside L, stomp R, hold
 Touch L toe beside R, touch L heel beside R, stomp L, hold

[9-16] Rock forward, rock back, lock steps forward

1-4 Rock forward on R, recover to L, rock back on R, recover to L
5-8 Step R forward, lock L behind R, step R forward, brush L (12:00)

******(travel forward at this point, lines passing each other)*******

[17-24] L step 1/4 turn x 2, Jazz box, touch

1-4 Step L forward turn ¼ right, step L forward turn ¼ right (6:00)

5-8 Cross L over R, step back on R, step L to left side, touch R toe beside L

[25-32] Jump forward clap, jump back clap, V step

&1-2 Small jump steps forward R, L hold- Clap on hold
&3-4 Small jump steps back R, L hold- Clap on hold
5-6 Step R forward at angle, step L forward at angle,
7-8 Step R back to center, step L back beside R (6:00)

Enjoy, Have Fun

Dance from the Heart with JOY.