

# I'M All about that Bass...

**COPPER KNOB**  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Easy Beginner  
编舞者: Val Saari (CAN) - October 2018  
音乐: All About That Bass - Meghan Trainor



## **FORWARD HIP STRUTS X 2 (R,L), MAMBO R**

1-2                      Touch RF toes forward, Drop heel (bump hips R,L,R)  
3-4                      Touch LF toes forward, Drop heel (bump hips L,R,L)  
5-6                      Rock to right side on RF, Recover LF  
7-8                      Step RF beside L, hold

## **FORWARD HIP STRUTS X 2 (L,R), MAMBO L**

1-2                      Touch LF toes forward, Drop heel (bump hips L,R,L)  
3-4                      Touch RF toes forward, Drop heel (bump hips R,L,R)  
5-6                      Rock to left side on LF, Recover RF  
7-8                      Step LF beside R, hold

## **SHUFFLE BACK RLR, LRL PIVOT 1/4 L, R ROCKING CHAIR**

1&2                      Shuffle back RLR  
3&4                      Shuffle back LRL Pivot 1/4 L  
5-6                      Rock RF forward, Recover LF  
7-8                      Rock RF back, Recover LF

## **MAMBO RIGHT, MAMBO LEFT**

1-4                      RF Rock side right, LF recover, RF close together beside L & hold  
5-8                      LF Rock side left, RF recover, LF close together beside R & hold

**REPEAT - No Tags, No Restarts**

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