

No Kix

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Mona Leth (DK) - October 2018
音乐: Til Viks Uttan Kix - Marnar & Árna : (CD: Føroyskir sangir, Føroya Islands)



Intro: 32 counts

(1-8) Heel Switches R L R hold/clap, Heel Switches L R L hold/clap

1&2& Touch R heel forward, step R next to L, touch L heel forward, step L next to R
3 – 4 Touch R Heel forward, hold/clap
&5&6& Step R next to L, Touch L heel forward, step L next to R, Touch R heel forward, step R next to L
7 – 8 Touch L heel forward, hold/clap

(9-16) R forward Rock, Coaster step, L forward Rock, ¼ turn L Chasse

&1 – 2 Step L next to R, step forward on R, recover weight back on L
3&4 Step back on R, step L beside R, step forward on R
5 – 6 Step forward on L, recover weight back on R
7&8 Make a ¼ turn left and step L to L, R beside L, Step L to L

(17-24) Cross side, Sailor ¼ turn R, LF step, RF kickball step, RF step

1 – 2 R across L, Step L to L,
3&4 Make a 1/4 turn R while sweeping R in a circle and step back on R, step L beside R, step forward on R
5 Step forward on L
6&7 Kick with R, step R beside L, step forward on L
8 Step forward on R (lean your body forward, the whole weight is on R)

(25-32) Step ¼ turn R, Cross shuffle, R Side rock, Together, Side, Stomp.

1 – 2 step forward on L (still leaning a little bit forward), make a ¼ turn R (while straighten up your body again)
3&4 Cross L over R, R to the side, Cross L over R
5 – 6 Step R to R, recover on L
&7 - 8 R next ot L, L to left side, R next to Left (with a stomp). (weight on boat feet)

START AGAIN - enjoy

NO TAGS – NO RESTARTS

Dedicated to my Linedance-friends in Føroya Islands. ENJOY.....

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