

Country Gold

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Johanna Barnes (USA) - October 2018
音乐: Country Gold - Thomas Rhett



Details: Restarts on 1st wall after 48 counts, and 5th wall after 'tiny tag' at count 37

(Clock notation begins on your start wall as 12:00. Each phrase will carry a new 12:00 start wall, ½ turn of the previous phrase.)

[1~8]: R DOROTHY STEP, L FWD, KNEE POP, L COASTER STEP, R FWD, ½ TURN L

1, 2 & R step forward to R diagonal (1), L step behind R (2), R step forward (&)
3 & 4 place L forward, not fully weighted (3), lifting both heels, pop knees forward (weight into balls of feet) (&), recover weight R (4)
5&6,7,8 L step back (5), R step next to L (&), L step forward (6) R step forward (7), pivot a ½ turn left (weight L) [6:00] (8)

[9~16]: R DOROTHY STEP, L FWD, KNEE POP, L COASTER STEP, R FWD, ¼ TURN L, R CROSS

1, 2 & step R forward to R diagonal (1), L step behind R (2), R step forward (&)
3 & 4 place L forward without taking full weight (3), pop knees forward, lifting both heels (&), recover weight R (4)
5 & 6 L step back (5), R step next to L (&), L step forward (6)
7 & 8 R step forward (7), pivot a ¼ turn left, weight ends on L [3:00] (&), R step across L (8)

[17~24]: SLOW WEAVE L*, L ROCK-RECOVER ¼ R, L STEP, R STEP ½ TURN L

1,2,3,4 L step to left side (1), R cross step behind L (2), L step to left side (3), R step across L (4) (*Option: with camel walks)
5 & 6 L rock out to left side (5), pivot a ¼ turn right, weight R [6:00] (&), step forward onto L (6)
7, 8 R step forward (try this solidly) (7), pivot a ½ turn L (weight over L) [12:00] (8)

[25~32]: TAP-BACK (R,L,R), TAP L, L COASTER STEP, QUICK R JUMP FWD/OUT, L OUT, R HEEL BACK-HITCH

1&2& tap R toes to L instep (1), step back on R (&), Tap L toes slightly forward (2), step back on L (&)
3 & 4 tap R toes slightly forward (3), step back on R (&), Tap L toes (or heel) slightly forward (feels like a hold) (4)*
5 & 6 L step back (5), R step next to L (&), L step forward (6)
&7, 8 small jump forward and out onto R (&), step L out to L side (7), small R heel-hitch back (behind L) (8)

***Hint: The tap-back section (1-4&) travels only slightly back (no weight change on the taps).**

[33~40&]: R-L 'GROOVE' STEPS, R-L HEEL SWITCHES, R CROSS ¼ R HEEL-JACK, R STEP

1,2,3,4 step R out to right diagonal (1), touch L next to R (2), step L out to L diagonal (3), touch R next to L (4)*
5&6& R heel tap forward (5), close R next to L (&), L heel tap forward (6), close L next to R (&)
7&8& cross R over L (7), making a ¼ turn right, L step back [3:00] (&), present R heel forward (8), R close next to L (&)

***Styling: (1-4) Pushing off of L to R, adding bent knees, with a slight scoop forward before the touch, and the same for L side.**

[41~48]: FWD WALK L-R, L SHUFFLE FWD, 2x HEEL BOUNCE ¼ TURN R, R KICK-BALL-CROSS

1,2,3&4 L step forward (1), R step forward (2), L step forward (3), R step next to L (&), L step forward (split weight) (4)

5, 6 with slightly bent knees, lift heels, then with a small 'twist' of both heels to the left, press heels into the floor.

Repeat (for a total of 2 heel 'bounces') to make a ¼ turn right [6:00] (5, 6)

7 & 8 kick R forward (slight diagonal) (7), R close next to L (&), L cross step over R (8)

[Restart here after 48 counts, Wall 1**]**

[49~56]: R SIDE ROCK-RECOVER, WEAVE L, ¼ WALK-AROUND TO THE RIGHT (L R L R)

1,2,3&4 R side rock (1), recover weight L (2), R cross step behind L (3), L step to left side (&), R cross over L (4)

5,6,7,8 walk around in a wide arc, completing a ¼ turn to the right: step L (fwd) (5), step R [7:00] (6), step L [8:00] (7), step R [9:00] (8)

[57~64]: BOTA FOGO/SAMBA STEPS L-R, L JAZZ CROSS, ¼ L SHUFFLE*

1 a h 2 L cross over R (1), push-rock to R side (ah/&), recover weight to L (slight redirect toward 8:00) (2),

3 a h 4 R cross over L (3), push-rock to L side (ah/&), recover weight to R (slight redirect toward 10:00) (4)

5, 6 L cross over R (5), R step back (6)

7 & 8 L step to left side 1/8th turn (7), R close next to L (&), L step forward 1/8th turn [6:00] (8)
(*Option: full left turn)

(BEGIN AGAIN, and most certainly DWYF!)

****Tiny'TAG: On Wall 5 (facing original 12:00), dance through the 'groove' steps (counts 33-36):**

Easy option: place your R foot out to right side and hold (4 counts), and/or after 2 counts, ending in a hip circle or with body roll. Advanced option: step forward on R with a prep, then close R next to L and make a full pencil turn left. Both options end weight L.

You WILL hear this as the music essentially stops, then restart from count 1 (of 64).

V1

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This step description is intended to be a guideline. Dance demos and visual references may be found on the DanceWhatYouFeel YouTube channel. <http://www.youtube.com/user/DanceWhatYouFeel>

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