

# Out of Our Heads

**COPPER KNOB**  
STEPSHEETS

拍数: 48      墙数: 4      级数: Beginner  
编舞者: Martin Murphy (UK) - October 2018  
音乐: Out of Our Heads - Take That



---

## Dance Starts After 8 Counts

### Section 1: Walk, Walk Coaster x 2

1, 2, 3&4 - Walk R, L, R Coaster  
5, 6, 7&8 - Walk L, R, L Coaster

### Section 2: Step, Pivot, Shuffle x 2

1, 2, 3&4 - Step Fwd on R, Pivot ½ Left, Shuffle Fwd RLR  
5, 6, 7&8 - Step Fwd on L, Pivot ½ Right, Shuffle Fwd LRL

### Section 3: Side, Together, Shuffle Fwd, Side Together, Shuffle Back

1, 2, 3&4 - Step R To Side, Step L Together, Shuffle Fwd Right RLR  
5, 6, 7&8 - Step L To Side, Step R Together, Shuffle Back Left LRL

### Section 4: Side, Together, Side Shuffle, Cross Rock, Shuffle ¼ Turn

1, 2, 3&4 - Step R to side, Step L Together, Side Shuffle to Right RLR  
5, 6, 7&8 - Cross Rock R over L, Recover, Shuffle ¼ turn Left LRL

### Section 5: Step Touches

1, 2, 3, 4 - Step Fwd On R, Touch L to L Side, Step Fwd On R, Touch R to R Side  
5, 6, 7, 8 - Step Fwd On R, Touch L to L Side, Step Fwd On R, Touch R to R Side

### Section 6: Jazz Box ¼ Turn x 2

1, 2, 3, 4 - Cross R over L, Step L Back, Step R foot ¼ turn right, Step L Together  
5, 6, 7, 8 - Cross R over L, Step L Back, Step R foot ¼ turn right, Step L Together

Contact: [Murfadurf2009@live.co.uk](mailto:Murfadurf2009@live.co.uk)

Dance Starts After 8 Counts

---