

AB La Mucura (The Water Pitcher)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 1 级数: Absolute Beginner
编舞者: Russell Breslauer (USA) - October 2018
音乐: La Múcura - Rigo Tovar : (Album: Gracias)



Or - La Mucara (sic) by the Mavericks

SWAY SWAY TOGETHER HOLD X 2

1-4 Step Right to right with a sway, Sway on the Left, Step Right next to left, hold
5-8 Step Left to left with a sway, Sway on Right, Step Left next to right, hold

SWAY SWAY TOGETHER HOLD X 2

1-4 Step Right to right with a sway, Sway on the Left, Step Right next to left, hold
5-8 Step Left to left with a sway, Sway on Right, Step Left next to right, hold

SHUFFLE FORWARD X 2 ROCK RECOVER

1&2 3&4 Shuffle forward Right Left Right, Left, Right Left
5-8 Step Right forward, hold, recover on Left hold

Option: 5-8 should have hip motion with it and can be rocking chair.

SHUFFLE FORWARD X 2 ROCK RECOVER

1&2 3&4 Shuffle back Right Left Right, Left, Right Left
5-8 Step Right back, hold, recover on Left hold

Option: 5-8 should have hip motion with it and can be rocking chair.

REPEAT

BreslauerDanceSF@yahoo.com

Last Update 10/14/18
