

# Ponte A Cantar

拍数: 32                      墙数: 2                      级数: Easy Intermediate  
编舞者: Francien Sittrop (NL) - October 2018  
音乐: Ponte a cantar - Belle Perez



**Intro : Start after 16 Counts with the intro then the maindance**

**Intro dance : 32 counts**

**[1 – 16] Rocking Chair, Step fwd, ½ Turn L, Step fwd, ½ Turn L, Jazz Box ¼ R, Monterey 1/4 R**

1 – 4                      Rock R fwd, Recover on L , Rock R back, Recover on L  
5 – 8                      Step R fwd, Pivot ½ Turn L, Step R fwd, Pivot ½ Turn L  
9 – 12                    Step R across L, ¼ Turn R step L back, Step R to R side, Step L fwd (03.00)  
13-16                    Touch R to R side, ¼ Turn R step Next to R. Touch L to L side. Step L next to R

**[17-32] Rocking Chair, Step fwd, ½ Turn L, Step fwd, ½ Turn L, Jazz Box ¼ R, Monterey 14 R with touch**

1 – 4                      Rock R fwd, Recover on L , Rock R back, Recover on L  
5 – 8                      Step R fwd, Pivot ½ Turn L, Step R fwd, Pivot ½ Turn L  
9 – 12                    Step R across L, ¼ Turn R step L back, Step R to R side, Step L fwd (09.00)  
13-16                    Touch R to R side, ¼ Turn R step Next to R. Touch L to L side. Touch L next to R

**Main Dance: 32 counts**

**[1 – 9] Step fwd, Rock Step, Side Shuffle ¼ R, Step fwd, ¾ R, Side Shuffle L**

1 – 3                      Step L to L diag fwd. Cross Rock R over L, Recover on L  
4 & 5                    Step R to R side, step L next to R, ¼ Turn R step R fwd (03.00)  
6 – 7                    Step L fwd . Pivot ¾ Turn R  
8 & 1                    Step L to L side, Step R next to L, Step L to L side (12.00)

**[10-16] Behind, ¼ Turn L step fwd, Lock Step fwd, Rock step , Recover, Behind , ¼ Turn R**

2 – 3                    Step R behind L, ¼ Turn L step L fwd  
4 & 5                    Step R fwd, Lock L behind R, Step R fwd (09.00)  
6 - 7                    Rock L fwd, Recover on R  
8 &                    Step L behind R, ¼ Turn R step R to R side \*\*\*R\*\*\*

**[17—24] Step , Lock step , Step, Lock , Step, Step Fwd, Pivot ½ L, Shuffle ½ Turn L**

1 – 2                    Step L fwd Lock R behind L  
3 & 4                    Step L fwd, Lock R behind L, Step L fwd  
5 - 6                    Step R fwd, Pivot ½ Turn L (06.00)  
7 & 8                    ¼ Turn L step R to R side, Step L next to R, ¼ Turn R back (12.00)

**[25-32] Walks Back, Sailor ¼ Turn L, Walks fwd ½ Turn R**

1 – 2                    Walk back L, R  
3 & 4                    Sweep L behind R with ¼ Turn L, Step R next to L, Step L fwd  
5-6-7&8                Walk around the tree ¾ Turn R with R,L,R,L,R (06.00)

**Restart During wall 4 and 9 after count 16 then start again with count 1 (will be the next wall )**

**Website : [www.franciensittrop.nl](http://www.franciensittrop.nl)**