# **Get Tore Back**



拍数: 32 墙数: 4 级数: Improver / Intermediate

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音乐: Tore Back - Moonshine Bandits: (Album: Gold Rush)



#### No Tags/Restarts

### [1-8]: Walk, Walk, Walk, Kick, Step back, Step back, Coaster cross

1-2. Step forward on the Right foot. Step forward on the left foot.3-4. Step forward on the Right foot. Kick the left foot forward (clap).

5-6. Step back on the left foot. Step back on the right foot.

7&8. Step back on the left foot, Step slightly back on the right foot, Step the left foot across the

right.

#### [9-16]: Lindy right, Rock, Recover, Turn, Turn, Lindy left

1&2. Step the right foot to the side, Step the left foot next to the right, Step the right foot to the side.

3-4. Rock the left foot behind the right. Recover onto the right foot.

5-6. Step the left foot to the side and turning a half turn over the right shoulder, Step the right foot

to the side and turn a half turn over the right shoulder. (Option: omit the turns... step the left

to the side, step the right behind the left)

7&8. Step the left foot to the side, Step the right foot next to the left, Step the left foot to the side.

#### [17-24]: Rock, Recover, Turn, Turn, Triple step, Step, Half Turn

1-2. Rock the right foot behind the left. Recover onto the left foot.

3-4. Step the right foot to the side and turn a half turn over the left shoulder. Turn a quarter turn

over the left shoulder and step forward on the left foot.

5&6. Step forward on the right foot, Step the left foot next to the right, Step forward on the right

foot

7-8. Step forward on the left foot. Turn a half turn to the right.

## [25-32]: Step, Heel split, Coaster step, Step, Heel split, Step back, Step together

1&2. Step forward on the left foot, Turn both heels out, Bring both heels to center.

3&4. Step back on the left foot, Step the right foot next to the left, Step forward on the left foot.

5&6. Step forward on the right foot, Turn both heels out, Bring both heels to center.

7-8. Step back on the right foot. Step the left foot next to the right.

#### Start again

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