

# Relapse

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Improver  
编舞者: Linda Pink (AUS) - October 2018  
音乐: Relapse - Jessica Meuse : (Album: Halfhearted)



Introduction: 16 Counts - Min 4:31

## EXTENDED VINE RIGHT, SIDE SHUFFLE, BACK, ROCK

1,2      Step R to the side, Step L behind R  
3,4      Step R to the side, Step L across R  
5&6      Side Shuffle Right: R,L,R  
7,8      Step L behind R, Rock weight forward onto R 12

## EXTENDED VINE LEFT, SIDE SHUFFLE, BACK, ROCK

1,2      Step L to the side, Step R behind L  
3,4      Step L to the side, Step R across L  
5&6      Side Shuffle Left: L,R,L  
7,8      # Step R behind L, Rock weight forward onto L 12

## SIDE, TOUCH, SIDE, TOUCH, SIDE, TOGETHER STEP FORWARD, TOUCH

1,2      Step R to the side, Touch L next to R  
3,4      Step L to the side, Touch R next to L  
5,6      Step R to the side, Step L next to R  
7,8      Step R forward, Touch L next to R 12

## SIDE, TOUCH, SIDE, TOUCH, SIDE, TOGETHER, STEP FORWARD, TOUCH

1,2      Step L to the side, Touch R next to L  
3,4      Step R to the side, Touch L next to R  
5,6      Step L to the side, Step R next to L  
7,8      Step L forward, Touch R next to L 12

## PADDLE TURN, PADDLE TURN, JAZZ BOX

1,2      Paddle Turn: Step R forward, Turn  $\frac{1}{4}$  Left take weight onto L 9  
3,4      Paddle Turn: Step R forward, Turn  $\frac{1}{4}$  Left take weight onto L 6  
5,6      Jazz Box: Step R across in front of L, Step L back  
7,8      Step R to the side, Step L forward

## K STEP

1,2      Step R fwd at 45 deg Right, Touch L next to R  
3,4      Step L back to the Centre, Touch R next to L  
5,6      Step R back at 45 deg Right, Touch L next to R  
7,8      Step L fwd to the Centre, Touch R next to L

## PADDLE TURN, PIVOT TURN, TOE STRUT, TOE STRUT

1,2      Paddle Turn: Step R forward, Turn  $\frac{1}{4}$  Left take weight onto L 3  
3,4      Pivot Turn: Step R forward, Turn  $\frac{1}{2}$  Left take weight onto L 9  
5,6      Toe Strut: Step R toe forward, Drop R heel  
7,8      Toe Strut: Step L toe forward, Drop L heel

## PIVOT TURN X 2, (ALT ROCKING CHAIR), HIP BUMPS X 4

1,2      Pivot Turn: Step R forward, Turn  $\frac{1}{2}$  Left take weight onto L  
3,4      Pivot Turn: Step R forward, Turn  $\frac{1}{2}$  Left take weight onto L

5,6 Step R to the side Push hips to the Right, Push Hips Left  
7,8 Push Hips Right, Push Hips Left 9

**Restart: On wall 3 dance to Beat 16 (#) and restart facing 6 o'clock.**

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