Baker Street (Beg)

拍数: 32

级数: Beginner

编舞者: Ron Bloye (UK) - October 2018

音乐: Baker Street (Edit) - Gerry Rafferty : (Album: Best Of - iTunes)

No Tags or Restarts: - - Start Dance at start of very heavy beat (22secs) - count 8 is app 24 secs.

Sect:1 - Walk Walk - Shuffle - Rock Recover - 1/2 Turn Shuffle.

- Walk Forward Right Walk Forward Left. 1 - 2
- 3&4 Shuffle Forward - Right - Left - Right.
- 5 6 Rock Forward Left - Recover on Right.
- 7&8 1/2 Turn Shuffle - Left - Right - Left. (Over Left Shoulder)

Sect:2 - Walk Walk - Shuffle - Rock Recover - Coaster Step.

- 1 2 Walk Forward Right - Walk Forward Left.
- 3&4 Shuffle Forward - Right - Left - Right.
- 5 6 Rock Forward Left - Recover on Right.
- 7&8 Step Back Left - Step Right beside Left - Step Forward Left.

Sect:3 - Figure of 8 Grapevine.

- 1 2 Step Right to Side - Step Left Behind Right.
- 3 4 Step Right ¼ turn Right - Step Left Forward.
- 5 6 Pivot ¹/₂ Turn Right on Right - Step Left ¹/₄ Turn to Right.
- 7 8 Step Right Behind Left - Step Left to side.

Sect;4 - Rocking Chair - Step ½ Turn - Kick Ball Change.

- 1 2 Right Rock Forward - Recover on Left.
- 3 4 Rock Back Right - Recover On Left.
- 5 6 Step Forward Right - 1/2 Turn Stepping On Left.
- 7&8 Kick Right Forward - Recover on Right - Step Left Forward.

Teach Easy Beginners above version until steps complete (Instructors can stand at the Back Wall to help Pupils learn the "Figure of 8 " then change to 4 wall - see below:-

To turn dance into a 4 wall dance - in Sect 3: 7 & 8 :- do a 1/4 Turn Left. 7 & 8 Step Right Behind Left - Step Left ¹/₄ turn to Left.

Teaching Beginners - Figure of 8 and a Kick Ball Change.

Bakerstreet by Undercover will fit ok, but is 40+ secs longer and different count in. Last Update - 6 Sept. 2019





墙数:1