Burn Out



拍数: 32 墙数: 4 级数: Beginner

编舞者: Betty Moses (USA) - October 2018

音乐: Burn Out - Midland: (Album: On The Rocks)



Intro: 4 Counts - Start on the word "Burn"

[1-8] Cross/Point, Cross/Point, Cross Rock/Recover, Triple Right 1/4 Turn,

1-4 Cross R over L, Point L to side, Cross L over R, Point R to side

5-6 Cross Rock R over L, Recover weight on the L

7&8 Step R forward turning 1/4 right, Step L next to R, Step R forward - 3:00

[9-16] Rocking Chair, Pivot ½ Turn, Lock Step Forward

1-4 Rock forward on L, Recover weight on R, Rock back on L, Recover weight on R

(1-4 may be danced as two ½ pivot turns over right shoulder)

5-6 Step forward on L, Pivot ½ over right shoulder - 9:00 7&8 Step forward on L, Lock R behind L, Step L forward

[17-24] Side/Together, Triple Forward, Side/Together, Triple Back

1-2 Step R to side, Step L next to R

3&4 Triple forward R-L-R

5-6 Step L to side, Step R next to L

7&8 Triple back L-R-L

[25-32] Rock Back/Recover, Triple 1/2 Turn, Rock Back/Recover, Triple Forward

1-2 Rock back on R, Recover weight on L
3&4 Triple ½ turn over left shoulder R-LR - 3:00
5-8 Rock back on L, Recover weight on R

7&8 Triple forward L-R-L

RESTART Wall 7: Starting at 6:00 - Dance the first 16 counts of the dance and restart the dance facing 3:00

Enjoy

Contact: dorbmoses@msn.com