

Back to Life Waltz

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Improver waltz
编舞者: Judy Rodgers (USA) - October 2018
音乐: Back to Life - Rascal Flatts



Alternate music: You make the Moonlight by 4Runner

#24 count intro - (Back to Life....no tags or restarts) (You make the Moonlight (slower)...2 tags)

S1: Fwd basic, back turn 1/2 L together, step side rock, cross side behind

1-3 Step L fwd, step R beside L, step L beside R
4-6 Step R back, turn 1/2 left step L fwd, step R beside L 6:00
7-9 Step L fwd, rock R side, recover L
10-12 Cross R over L, step L to left side, cross R behind L

S2: Step drag touch, rolling vine R, cross turn 1/4 L back, back turn 1/4 L point

1-3 Big step left, drag R to L, touch R
4-6 Turn 1/4 right step R fwd, turn 1/2 right step L back, turn 1/4 right step R to side
7-9 Cross L over R, turn 1/4 left step R back, step L back 3:00
10-12 Step R back, turn 1/4 left step L side, point/touch R right to right side 12:00

****option for 4-6 Step R to right side, step L behind R, step R to right side

S3: Cross side rock, cross side behind, turn 1/4 R kick L, coaster step

1-3 Cross R over L, rock L to left side, recover R
4-6 Cross L over R, step R to right side, step L behind R
7-9 Turn 1/4 right step R fwd, kick L fwd over 2 counts 3:00
10-12 Step L back, step R beside L, step L fwd

S4: Step point hold, back sweep, turn 1/4 R sailor step, walk walk point L

1-3 Step R fwd, point/touch L to left side, hold
4-6 Step L back, sweep R from front to back over 2 counts
7-9 Turn 1/4 right step R behind L, step L to left side, step R to right side 6:00
10-12 Step L fwd, step R fwd, point/touch L to left side

No Tags or Restarts if using 'Back to Life'

**2 Tags if using 'You Make the Moonlight'

Tag 1: End of wall 2 facing 12:00, there is a 9 count Tag:

Cross, rock recover, cross rock recover, sway sway hold

1-3 Cross L over R, rock R to right side, recover L
4-6 Cross R over L, rock L to left side, recover R
7-9 Step/sway L to left, sway R (wt on R), hold

Tag 2: End of Wall 4 facing 12:00, there is a 3 count tag:

Step/sway sway hold

1-3 Step/sway L to left, sway to right, hold

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