

# Caught up in the Country

COPPERKNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Julie Snailham (ES) - September 2018  
音乐: Caught up in the Country – Rodney Atkins



Intro: 16 counts

**S1: Step R, hold, ball side rock recover, cross shuffle, step touch**

1-2            Step R to R side, hold  
&34           Step L next to R, rock out to R side, recover weight to L  
5&6           Cross R over L, step L to L side, cross R over L  
7-8           Step L to L side, touch R toe next to L

**S2: Side behind, ¼ turn R, step brush, step forward touch, step back R, step L to R**

1-2            Step R to R side, step L behind R  
3-4            Turning ¼ R step forward on R, brush L forward  
5-6            Step forward on L, touch R behind L  
7-8            Step back on R, step L next to R

**S3: Side together, shuffle forward, side together, shuffle back**

1-2            Step R to R side, step L to R  
3&4            Shuffle forward stepping RLR  
5-6            Step L to L side, bring R to L  
7&8            Shuffle back stepping LRL

Restart here on Wall 8

**S4: Rock back recover, shuffle half turn, rock back recover, shuffle forward**

1-2            Rock back R, recover on L  
3&4            Make ½ shuffle turn L stepping RLR  
5-6            Rock back L, recover on R  
7&8            Make ½ shuffle forward, stepping LRL

Tag – End of Wall 6 and during Wall 8 Tag after 24 count and Restart (both tags danced facing 12.00)

**#16 Count Tag – Dance the following steps twice**

1-2            R heel dig (x2)  
&3-4           Place R next to L, L heel dig (x2)  
&5&6           Place L next to R, R heel dig, place R next to L, L heel dig  
&7-8           Place L next to R, touch R toe next to L, hold

Live, Love, Dance

Contact: [snailham56@yahoo.co.uk](mailto:snailham56@yahoo.co.uk)

Last Update - 28th Sept. 2018