Another Cup Of Coffee

拍数: 32   **墙数:** 4   **级数:** Improver

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音乐: Another Cup of Coffee - Mike + The Mechanics

For a slower alternative with NO restart, try "Uptown Funk": Mark Ronson ft. Bruno Mars (115bpm) (16 count intro)

Start dance after 32 counts.

Section 1 : RIGHT TOE, HEEL, SHUFFLE; LEFT TOE, HEEL, SHUFFLE

1,2,3&4	Dig R toe in towards L foot, tap R heel out to right, shuffle slightly forward R,L,R
5,6,7&8	Dig L toe in towards R foot, tap L heel out to left, shuffle slightly forward L,R,L

Section 2 : ROCK FORWARD, RECOVER, BACK SHUFFLE; WALK BACK x 3, STOMP UP

9,10,11&12	Rock R forward, recover onto L, shuffle back on R,L,R
13,14,15,16	Walk back on L,R,L, with optional shoulder styling, gently stomp R in place, weight remains on L

*** RESTART HERE ON THE 7TH WALL; YOU WILL BE FACING THE BACK ***

Section 3 : ROCK SIDE, RECOVER, CROSS SHUFFLE; ROCK SIDE, ¼ TURN RIGHT RECOVER, SHUFFLE FORWARD

17,18,19&20	Rock R to right side, recover onto L in place; shuffle across to left on R,L,R
21,22,23&24	Rock L to left side, recover onto R with a quarter turn right; shuffle forward on L,R,L (now facing 3 o'clock)

Section 4 : ROCK FORWARD, RECOVER, COASTER STEP, ROCK FORWARD, RECOVER, HALF TURN SHUFFLE

25,26,27&28	Rock R forward, recover onto L; step R back, step L next to R, step R forward
29.30	Rock L forward, recover onto R
31&32	Making a half turn over left shoulder, shuffle forward on L,R,L(now facing 9 o'clock)

KEEP IT GOING!

Last Update - 24th. Oct. 2018