

Seven Days

拍数: 48 墙数: 2 级数: High Intermediate
编舞者: Travis Taylor (AUS) & Mark Simpkin (AUS) - September 2018
音乐: Seven Days - Kenny Chesney : (Album: Hemingsway Whiskey)



- 1-2& 1/4 turn L step R to R side whilst dragging L, Step L behind R, 1/4 turn R step forward on R
3&4 Replace weight on L, 1/2 turn R step forward on R, 1/4 turn R step L to L side
5&6 Step R behind L, 1/4 turn L step forward on L, Step forward on R (Prep For Pivot)
7-8&1 1/4 turn L take weight on L, Cross R over L, Step L to L side, Step R behind L sweeping L
- 2&3 Step L behind R, 1/4 turn R step forward on R, Step forward on L (Prep For Pivot)
4-5 1/2 turn R take weight on R, Step forward on L
6&7 Step forward on R, 1/2 turn R step L back, 1/2 turn R step forward on R
&8& Step L together, Step back on R, Step L together
- 1-2& Large Step back on R drag L, Lock L over R, Step back on R (Reverse Dorothy)
3-4 Touch L toe back, 1/2 turn L unwind putting weight on R
5&6& Step back on L, Step R together, Step forward on L, Step R together
7-8 Touch L toes to L side, 1/4 turn L hooking L under R knee (Delayed - Hold onto Touch as much as possible)
- 1-2& Step forward on L, 1/4 turn L step R to R side, Step L behind R
3&4& Rock R to R side, Replace weight on L, Step R behind L, 1/4 turn L step forward on L
5-6& 1/4 turn L step R to R side, Step L behind R, Step R to R side
7-8 Cross Rock L over R, Replace weight on R
- &1 Step L Ball together, ¼ turn L Step R to R side dragging L *Restart*
2&3 Step L behind R, 1/4 turn L step R together, 1/4 turn L crossing L over R (1/2 turn Sailor Step)
4&5 1/4 turn R step forward on R, 1/2 turn R step back on L, 1/4 turn R step R to R side
6&7 1/4 turn L step forward on L, 1/2 turn L step back on R, 1/2 turn L step forward on L
8&1 Step forward on R, 1/4 turn L take weight on L (Pivot), Cross R over L
- 2&3 Rock L to L side, Replace weight on R, Cross L over R
&4 Step R to R side, Touch L toe behind R foot (Prep For Unwind)
5-6 3 1/4 turn L stepping down on L foot, Rock back on R foot
7 Replace weight on L
8&1 1/2 turn L stepping back on R, 1/2 turn L stepping forward on L

[48] Start Dance Again

***Restart*:** On Wall 2, Restart on Count 32& by using the ¼ turn R into the R side to start again

Contact Us

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