

# You're The First, My Last, My Everything

**COPPER** KNOB  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Absolute Beginner  
编舞者: Val Saari (CAN) - September 2018  
音乐: You're the First, the Last, My Everything - Barry White



## TOE/HEEL FORWARD X 4

1-4                      Step RF forward on toe, Step down on heel/ Step LF forward, Step down on heel  
5-8                      Step RF forward on toe, Step down on heel/ Step LF forward, Step down on heel

## TOE-STRUTS BACK X 2 (RL), SHUFFLE BACK RLR, LRL PIVOT 1/4 L

1-2                      Touch RF toes back, Drop heel  
3-4                      Touch LF toes back, Drop heel  
5&6                      Shuffle back RLR  
7&8                      Shuffle back LRL Pivot 1/4 L

## RF ROCKING CHAIR, MAMBO RIGHT

1-2                      Rock RF forward, Recover Left  
3-4                      Rock RF back, Recover Left  
5-6                      RF Rock side right, LF recover  
7-8                      RF close together beside L & hold

## LF ROCKING CHAIR, MAMBO LEFT

1-2                      Rock LF forward, Recover Right  
3-4                      Rock LF back, Recover Right  
5-6                      LF Rock side left, RF recover  
7-8                      LF close together beside R & hold

**REPEAT - No Tags, No Restarts**

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