

Gua Bo Zui

拍数: 64 墙数: 4 级数: Phrased Intermediate
编舞者: Paul Wong (CAN) - September 2018
音乐: Jiu Hou De Xin Shen (酒後的心聲) - Jody Chiang (江蕙)



Sequence: A-A-B B(16) A-A-B-B Tag B(16) Ending

Intro music: (approx. 15 seconds)

start after vocal "San Bing Hai", start on the word "Se" (the 4th word of the lyric "San Bing Hai SE")

Part A (32 counts)

A1: R side, L drag, L side, R behind, L side, R cross, L lunge fwd, R recover, L Sailor ¼ LT

1 2 3 RF big step to right side (1); drag LF towards RF (weight on RF) (2); step LF to left side (3)
4&5 step RF behind LF; step LF to left side; step RF cross over LF
6 7 lunge and step LF fwd (6); recover weight on RF and sweeping LF backward (7)
8&1 step LF behind RF with ¼ turn left (8) (9:00); step RF next to LF (&); step LF fwd (1)

A2: R fwd Pivot ¼ LT, R cross-shuffle, sway L-R, Chasse ¼ LT

2 3 step RF fwd; Pivot ¼ turn left (6:00)
4&5 step RF cross over LF; step LF side; step RF cross over LF
6 7 step LF beside RF and sway L (6) R (7) in place
8&1 step LF to left side (8); step RF together (&); ¼ left turn and step LF fwd (1) (3:00)

A3: R fwd Pivot ½ LT, R fwd, L hitch, L back, R kick, R hook, R fwd, L fwd, ½ turn left R back, L sweep

2 3 step RF fwd; Pivot ½ turn left (9:00)
4&5 step RF fwd (4); hitch LF slightly (&); step LF back (5)
6&7 kick RF fwd gently (6); hook RF (&); step RF fwd (7)
8&1 step LF fwd (8); turn ½ left stepping RF back (&) (3:00); sweep LF backward (1)

A4: L behind, R side, L cross, R fwd shuffle, L fwd Pivot ¼ RT, L cross, sway R-L

2&3 step LF behind RF (2), step RF side (&), step LF cross over RF (3)
4&5 fwd shuffle (R-L-R)
6&7 step LF fwd; Pivot ¼ turn right (6:00); step LF cross over RF (7)
8& step RF beside LF and sway R (8) L (&) in place

Part B (32 counts)

B1: R rock side, L recover, R behind, L side, R cross, Mirror the steps

1 2 rock RF to right side; recover weight on LF
3&4 step RF behind LF; step LF to left side; step RF cross over LF
5 6 rock LF to left side; recover weight on RF
7&8 step LF behind RF; step RF to right side; step LF cross over RF

B2: R rock side, L recover, R kick-ball-point, L rock fwd, R recover, L Coaster Step

1 2 rock RF to right side; recover weight on LF
3&4 kick RF fwd; step RF ball next to LF; point LF out to left side
5 6 rock LF fwd; recover weight on RF
7&8 step LF back, step RF together, step LF fwd

B3: R rock cross, L recover, R Chasse, Mirror the steps

1 2 rock RF cross over LF; recover weight on LF
3&4 step RF to right side; step LF together; step RF to right side
5 6 rock LF cross over RF; recover weight on RF
7&8 step LF to left side; step RF together; step LF to left side

B4: R cross, L point, L cross, R point, Jazz Box ¼ RT

1 2 step RF cross over LF; point LF to left side

3 4 step LF cross over RF; point RF to right side

5 6 7 8 step RF cross over LF (5); step LF back (6); turn ¼ right stepping RF to side (7); step LF cross over RF (8) (3:00)

Tag (8 counts, dance after wall #8, facing 9:00): Repeat the steps of Sec. B4.

****On wall #4 (facing 3:00), dance the Part A after the Sec. B2.**

****On wall #9 (facing 12:00), dance the Sec. B2 slowly with the music beats.**

ENDING (1 count) --- dance after Sec. B2 on wall #9 (facing 12:00): step RF cross over LF (hold pose until music ends)

Contact: dancingmymusic@gmail.com
