

Footloose

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Improver
编舞者: Ethel Prime (AUS) - September 2018
音乐: Footloose - Blake Shelton : (Album: - Music From The Motion Picture)



Start On Vocal

(1-8) HEEL, HOOK, HEEL, FLICK, SHUFFLE FORWARD.

1&2 Touch R heel forward into R diagonal, hook R in front of L, touch R heel forward
&3&4 Flick R back, shuffle forward R L R
5&6 Touch L heel forward into L diagonal, hook L in front of R, touch L heel forward,
&7&8 Flick L back, shuffle forward L R L

(9-16) ROCK. RECOVER. STEP LOCK BACK, ROCK, RECOVER, STEP LOCK FORWARD

1-2 Rock right forward, recover back on left,
3&4 Step right back, lock left across right, step right back.
5-6 Rock left back, recover forward onto right
7&8 Step left forward, Lock right behind left, step left forward.

(17-24) HEEL SWITCHES, LOCK STEP, HEEL SWITCHES, LOCK STEP

1&2& Right heel forward, step right next to left, left heel forward, step left next to right
3&4 Step forward diagonal on right , left foot behind right, Step forward right
5&6& Left heel forward, step left beside right, right heel forward, step right next to left
7&8 Step forward diagonal on left, right foot behind left, Step forward left

(25-32) POINT, POINT. ¼ SAILOR STEP, POINT, POINT, BEHIDE ¼ TURN, FORWARD

1-2-3&4 Point right toe forward, point right toe to right side, step right behind left, turning 1/4 turn right
step left to left side, step right forward (3.00)
5-6-7&8 Point left toe forward, point left toe to left side, step left behind right turning ¼ turn right, right
to right side, step left forward (6.00)

(33-40) STEP, ½ TURN LEFT, SHUFFLE FORWARD. STEP, ½ TURN RIGHT, SHUFFLE.

1-2 Step forward right, turn ½ left (Weight on left) (12.00)
3&4 Step forward on right, step left next to right, step forward right
5-6 Step forward left turn ½ right (weight on right) (6.00) ***
7&8 Step forward left, step right next to left, step forward left.

(41-48) V STEP, HEEL, HEEL, STEP, DRAG, TOUCH

1-4 Step right forward to R Diagonal, Step left forward to L Diagonal, step right back to centre
step left beside right **
5-6& Tap right heel forward twice, step right beside left
7-8 Big step forward on left, drag right beside left with a touch.

RESTART WALL 2 after 38 counts, do a ball step on LF (&) and restart

*** WALL 3 after 44** Counts and restart

ENDING: After the 1st 8 counts on 12.00 wall.

ENJOY, KEEP SMILING & HAVE FUN!!!!

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